(**Introduction**)

The _____system is made up of muscles, bones and _____. The brain sends electrical signals to our muscles. The muscles _____ and relax. The muscles move our bones and _____.

(**Body**)

There are more than 600 muscles in the human body. There are _____ types of muscles. The first type is skeletal muscles. They are joined to bones by _____. These muscles are _____, which means that we control their movement. Another type of muscle is _____ muscles. They are found in hollow organs like the stomach. They are _____, which means we do not control them. The last type of muscle is _____ muscles. They are involuntary and make the heart beat.

An adult body has 206 bones. There are three types of _____. The first is _____ bones. These bones give us support and stability. The second is _____ bones. These bones protect our internal organs. The third is _____ bones. We can find these bones in our arms and legs.

Our bones are connected by _____. There are three types of joints. The first is _____ joints. They do not move. We also have _____ joints. These joints have some movement or limited movement. Finally, we have _____ joints. These joints have the most movement.

(**Conclusion**)

The locomotor system is made up of bones, _____ and joints. There are three types of _____, muscles and joints in the body. Together, bones, muscles and _____ make it possible for us to move and do many things.

LIVEWORKSHEETS