PRE-LISTENING TASK

- Do you like watching TV shows about cooking? Why? / Why not?
- Can you cook? What is your speciality?

Exam Tip

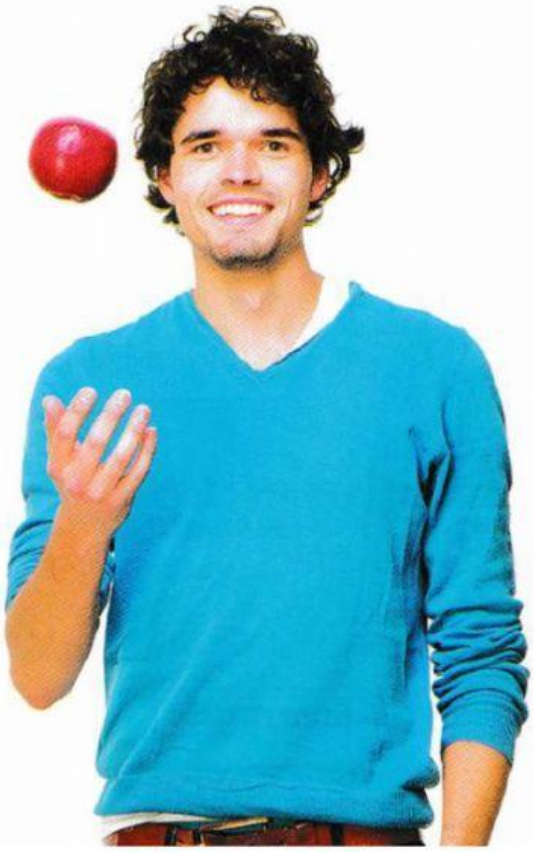
- Read the instructions and the statements.
- Underline the key words in the statements.
- Listen to the recording for the first time for general understanding.
- Decide which statements are true and which are false.
- Listen to the recording for the second time to check if your answers are correct.
- Justify your answers.

A Listen to the text. For statements (1-5) choose T if the statement is true according to the text and F if it is false. 18

	T	F
1. The chef's first job was in the kitchen of a hotel.		
2. The chef's restaurant in Dublin was very successful.		
3. The chef was discovered by a TV producer.		
4. The chef appeared in more than a thousand shows.		
5. The chef doesn't work anymore.		

Listen to the text. For questions (1-5) choose the correct answer (A, B or C). 19

1. What does Samantha do?
   A. She organises Health and Fitness conferences.
   B. She gives people advice on their diet.
   C. She trains professional athletes.
2. What is true of Samantha?
   A. She has her own gym.
   B. She is in charge of a clinic.
   C. She trains using fitness DVDs.
3. What is one of the reasons people are overweight?
   A. They don't weigh their food.
   B. They don't eat their meals when they should.
   C. They eat too few meals.
4. How does Samantha feel about diet pills?
   A. She isn't sure they work.
   B. She is against the idea.
   C. She approves of them.
5. How does eating at certain intervals each day benefit you?
   A. It helps satisfy your hunger.
   B. It helps you exercise more effectively.
   C. It helps you burn calories.



LIVEWORKSHEETS