

## Review

**A** Answer the questions using words from the box. One is not needed.

arteries      brain      heart      kidneys      lungs      muscle      skin      stomach      veins

1. I cover the body and protect it from getting sick. What am I? \_\_\_\_\_
2. We take blood around the body. What are we? \_\_\_\_\_ and \_\_\_\_\_
3. When you eat food, it comes to me so I can digest it. What am I? \_\_\_\_\_
4. We bring air into the body. What are we? \_\_\_\_\_
5. I think, and I tell your body what to do. What am I? \_\_\_\_\_
6. I push blood around the body. What am I? \_\_\_\_\_
7. We help clean the blood. What are we? \_\_\_\_\_

**B** Complete the sentences with a comparative, superlative, or equative form so that the second sentence has the same meaning as the first.

1. Nothing is better than yoga to relax the body and mind.  
Yoga is \_\_\_\_\_ thing for relaxing the body and mind.
2. White rice is not as healthy as brown rice.  
Brown rice is \_\_\_\_\_ white rice.
3. Nothing is worse for your health than a bad diet.  
A bad diet is \_\_\_\_\_ thing for your health.
4. My sister finds running less enjoyable than dancing.  
My sister thinks dancing is \_\_\_\_\_ running.
5. A good night's sleep is more beneficial than a short nap.  
A short nap is not \_\_\_\_\_ a good night's sleep.
6. No activity is as relaxing as walking in the park on a sunny day.  
Walking in the park on a sunny day is \_\_\_\_\_ activity.

**C** Match the sentence halves.

- \_\_\_\_\_ 1. Drink ginger tea
- \_\_\_\_\_ 2. You need to exercise enough
- \_\_\_\_\_ 3. Take a short nap after lunch
- \_\_\_\_\_ 4. A healthy, balanced diet is an important way
- \_\_\_\_\_ 5. Some people recommend taking an aspirin
- \_\_\_\_\_ 6. You should use sunblock

- a. to protect your skin.
- b. to stop nausea. It's a good natural remedy.
- c. to keep your muscles and joints strong and healthy.
- d. to lower a fever.
- e. to help you concentrate better in the afternoon.
- f. to help your organs function well.