

## D Exam practice

### Reading Part 5

Read the text below and choose the correct word for each space.  
For each question, mark the correct letter **A**, **B**, **C** or **D**.

**Example:**

0 **A** last

**B** earlier

**C** following

**D** late

### SLEEP

People's sleeping habits have changed over the (0) ..... 500 years. Before electric lights (1) ..... invented, most people went to bed soon after it got dark. Today, we can sleep whenever we want to. Most people (2) ..... to sleep between six and eight hours per night during the week and (3) ..... to ten hours per night at weekends. The problem is that if we (4) ..... getting up at the weekend, then we don't want to get up on Monday morning either! Many of us (5) ..... like sleeping after lunch and in some hot countries people do sleep in the afternoon. In (6) ..... countries however, people (7) ..... to keep working all day with only a short break. We all have dreams (8) ..... most of us fail to remember them. Some people find it difficult to (9) ..... asleep. The advice for them is to (10) ..... taking more exercise and remember not to drink coffee in the evening.

- 1 **A** have
- 2 **A** encourage
- 3 **A** beyond
- 4 **A** delay
- 5 **A** wish
- 6 **A** any
- 7 **A** might
- 8 **A** because
- 9 **A** make
- 10 **A** prepare

- B** had
- B** choose
- B** above
- B** refuse
- B** enjoy
- B** every
- B** have
- B** so
- B** fall
- B** try

- C** were
- C** consider
- C** over
- C** fail
- C** prefer
- C** another
- C** should
- C** but
- C** get
- C** decide

- D** are
- D** advise
- D** up
- D** force
- D** feel
- D** other
- D** must
- D** therefore
- D** go
- D** manage

### Grammar focus task

Look at Question 2. Which is the correct answer? .....

Why are the other answers wrong? .....

Do the same with Questions 4, 5, 7 and 10. ....