

1 VOCABULARY months, adverbs and expressions of frequency

a Put the letters in order to make months. Write the months in order. Remember to start with a CAPITAL LETTER.

erpebsmte ilpar movebne ugtuas
 yma anyjuar ujen cotorbe ebryfuar
 ecerdmbe ahrmc uylj

1 January
 2 _____
 3 _____
 4 _____
 5 _____
 6 _____
 7 _____
 8 _____
 9 _____
 10 _____
 11 _____
 12 December

b Answer the questions.

c Complete the sentences with an adverb or expression of frequency.

1 I go to the gym twice a week, on Mondays and Thursdays.
 2 He _____ eats meat. He's a vegetarian.
 3 She _____ starts work at 9.00, but on Mondays she starts at 10.00.
 4 I see my parents _____ a year at Christmas.
 5 They usually walk to work, but they _____ drive.
 6 I have English classes _____ – Monday, Wednesday and Friday.

2 GRAMMAR position of adverbs, expressions of frequency

a Are the sentences right (✓) or wrong (✗)? Correct the wrong sentences.

1 Pilots often sleep in hotels. ✓

2 The children every day walk to school.
The children walk to school every day.

3 Mike drives sometimes to work.

4 My girlfriend is never late.

5 They every summer go to Italy.

6 Ellie three times a day drinks coffee.

7 My brother hardly ever has a shave.

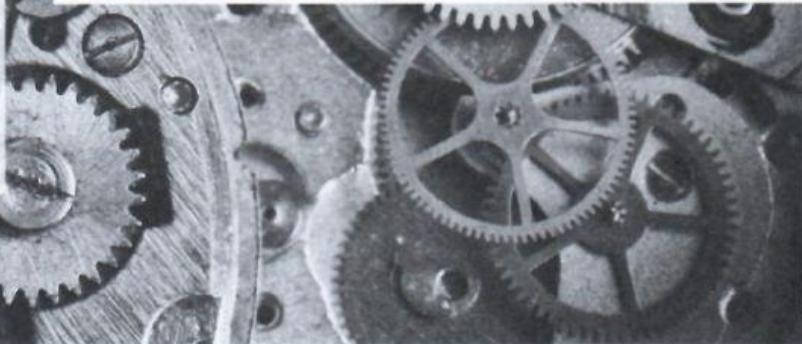
8 We twice a week study English.

9 I always am stressed.

10 I see my grandparents every weekend.

THE TIME QUIZ

1 How many minutes in an hour? sixty
 2 How many months in a year? _____
 3 How many days in a week? _____
 4 How many seconds in a minute? _____
 5 How many weeks in a month? _____
 6 How many hours in a day? _____
 7 How many days in June? _____
 8 How many weeks in a year? _____



b Write sentences. Use verbs from the list and the words in brackets in the correct place.

be do get up go have see sleep take

1 We / the housework (once a week)

We do the housework once a week.

2 They / pizza for dinner. (never)

They never have pizza for dinner.

3 My mother / shopping (every morning)

4 I / for eight hours. (hardly ever)

5 We / our friends (every weekend)

6 I / at quarter to seven. (usually)

7 My children / happy. (always)

8 She / the dog for a walk (three times a day)

c Complete the **You** column in the chart. Then complete the sentences with a verb and an adverb of frequency.

always	✓✓✓✓✓	sometimes	✓✓
usually	✓✓✓✓	hardly ever	✓
often	✓✓✓	never	-



	Matt	Becky	You
sleep for eight hours	1 ✓✓✓✓✓	6 ✓✓	11
be relaxed	2 ✓✓✓✓✓✓	7 ✓✓✓	12
do sport or exercise	3 ✓✓	8 -	13
eat healthy food	4 ✓✓✓✓	9 ✓	14
be ill	5 -	10 ✓✓✓✓✓✓	15

Matt

1 Matt usually sleeps for eight hours.

2 He is always _____.

3 He sometimes _____.

4 He _____.

5 _____.

Becky

6 Becky _____.

7 She _____.

8 _____.

9 _____.

10 _____.

You

11 I _____.

12 _____.

13 _____.

14 _____.

15 _____.

3 PRONUNCIATION the letter *h*

a Complete the sentences with words from the list.

hairdresser happy home
hospital hour Hungary

1 Her husband is from Hungary.

2 My headphones are at _____.

3 His mother is in _____.

4 Lunch is half an _____.

5 Helen is a _____.

6 The children are healthy and _____.

b 4.4 Listen and check. In which word is *h* not pronounced?

c 4.4 Listen again and repeat the sentences.

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