

# Key words 1 Unit 2

Name: \_\_\_\_\_

Directions: Write the name of each key word. Be careful with spelling.



Directions: Choose the word that best completes each sentence.

- Yum! This soup is really **unhealthy** / **tasty** / **bad**.
- Too much sugar can be **nutritious** / **balanced** / **unhealthy**.
- Carbohydrates, **mealtimes** / **protein**, and fat are all part of a balanced diet.
- Healthy food is **hungry** / **enormous** / **nutritious**.
- We get **energy** / **markets** / **mealtimes** from food.