

**1. Choose the correct answers in the points below.**

- a) If you *embark* on a new project, you...
  - 1) are stuck with it.
  - 2) start it.
  - 3) accept it.
- b) If you *put* your friends *up* for the weekend, you...
  - 1) let them sleep in your house.
  - 2) throw a party.
  - 3) hang out with them.
- c) If you *pick* English *back up*, you...
  - 1) start to become more fluent.
  - 2) start learning it after a break.
  - 3) stop learning it.
- d) If you *stopped* over in New York on your way to Seattle, you...
  - 1) passed by New York.
  - 2) slept somewhere near New York.
  - 3) had a short visit in New York.
- e) If you *set off* tomorrow afternoon, you...
  - 1) start a journey.
  - 2) finish a journey.
  - 3) make a stop in your journey.
- f) If you *get away* for a few days, you...
  - 1) have to hide from someone.
  - 2) go on a business trip.
  - 3) go somewhere to have a holiday and rest.

**2. Complete the questions below with the correct forms of some of the phrasal verbs from the previous exercise.**

- a) What do you check before ..... on holiday?
- b) How often do you ..... for a weekend? Does it help you rest?
- c) When you go on a city break, do you ever ask friends to .....?
- d) Have you ever ..... on your way to somewhere far away? Where?  
Why?

**3. Answer the questions above.**

**4. Discuss the quote below. How do you interpret it? Do you agree with it?**

*"Travel isn't always pretty. It isn't always comfortable. Sometimes it hurts, it even breaks your heart. But that's okay. The journey changes you; it should change you. It leaves marks on your memory, on your consciousness, on your heart, and on your body. You take something with you. Hopefully, you leave something good behind." – Anthony Bourdain*

**5. Match the words from box A and box B to create pairs of synonyms.****BOX A**

abundance      face      fleeting      immersive      track

**BOX B**

confront      engaging      path      plenty      short

**6. Match the halves to create phrases.**

a) off the beaten	1) abundance
b) a fleeting	2) life/moment
c) an immersive	3) challenges
d) leave	4) experience
e) provide food in	5) track/path
f) face	6) the comforts of your home

**7. You're going to watch a video titled *Why One Man Is Walking Around the World With His Dog*. Before you watch it, discuss the questions.**

- a) Why do you think the man decided to walk around the world?
- b) When you set off on a walking adventure for a few months, what challenges might you face?
- c) What was the most immersive experience you have had while travelling?
- d) Do you look for unique, off the beaten track destinations when planning a holiday?

**8. Watch the video [<https://youtu.be/cgp9-EYFeb4>] and summarise it.**

**9. Watch the video again and write down what these figures and phrases refer to.**

- a) 17 years old = .....
- b) 26<sup>th</sup> = .....
- c) Austin, Texas = .....
- d) Chile = .....
- e) 7 000 = .....

**10. Discuss the questions.**

- What would make you leave the comforts of your home and embark on such a walking journey?
- What did the man learn from his journey? What can people learn through travelling? Can we learn something about ourselves?
- It is said that the journey is more important than the destination. Do you agree with that? Why (not)?
- Have you ever gone on an unusual journey? What did you do?