

# Present continuous and present simple 1 (I am doing and I do)

## A Compare:

### present continuous (I am doing)

We use the continuous for things happening at or around the time of speaking.  
The action is not complete.



- ☐ The water **is boiling**. Be careful.
- ☐ Listen to those people. What language **are they speaking**?
- ☐ Let's go out. It **isn't raining** now.
- ☐ 'I'm busy.' 'What **are you doing**?'
- ☐ I'm **getting** hungry. Let's go and eat.
- ☐ Kate wants to work in Italy, so she's **learning** Italian.
- ☐ The population of the world **is increasing** very fast.

We use the continuous for *temporary* situations (things that continue for a short time):

- ☐ I'm **living** with some friends until I find a place of my own.
- ☐ A: You're **working** hard today.  
B: Yes, I have a lot to do.

See Unit 1 for more information.

### present simple (I do)

We use the simple for things in general or things that happen repeatedly.



- ☐ Water **boils** at 100 degrees Celsius.
- ☐ Excuse me, **do** you **speak** English?
- ☐ It **doesn't rain** very much in summer.
- ☐ What **do** you usually **do** at weekends?
- ☐ I always **get** hungry in the afternoon.
- ☐ Most people **learn** to swim when they are children.
- ☐ Every day the population of the world **increases** by about 200,000 people.

We use the simple for *permanent* situations (things that continue for a long time):

- ☐ My parents **live** in London. They have lived there all their lives.
- ☐ Joe isn't lazy. He **works** hard most of the time.

See Unit 2 for more information.

## B I always do and I'm always doing

I **always do** something = I do it every time:

- ☐ I **always go** to work by car. (*not* I'm always going)

I'm **always doing** something = I do it too often or more often than normal.

For example:



I'm **always losing** them = I lose them too often, or more often than normal.

- ☐ Paul is never satisfied. He's **always complaining**. (= he complains too much)
- ☐ You're **always looking** at your phone. Don't you have anything else to do?

## Exercises

3.1 Are the underlined verbs OK? Correct them where necessary.

- 1 Water boils at 100 degrees Celsius.
- 2 How often are you going to the cinema?
- 3 Ben tries to find a job, but he hasn't had any luck yet.
- 4 Martina is phoning her mother every day.
- 5 The moon goes round the earth in about 27 days.
- 6 Can you hear those people? What do they talk about?
- 7 What do you do in your spare time?
- 8 Sarah is a vegetarian. She doesn't eat meat.
- 9 I must go now. It gets late.
- 10 'Come on! It's time to leave.' 'OK, I come.'
- 11 Paul is never late. He is always starting work on time.
- 12 They don't get on well. They re always arguing.

OK

do you go

## 3.2 Put the verb into the correct form, present continuous or present simple.

- 1 a I usually get (I / usually / get) hungry in the afternoon.  
b I'm getting (I / get) hungry. Let's go and eat something.
- 2 a '..... (you / listen) to the radio?' 'No, you can turn it off.'  
b '..... (you / listen) to the radio a lot?' 'No, not very often.'
- 3 a The River Nile ..... (flow) into the Mediterranean.  
b The river ..... (flow) very fast today – much faster than usual.
- 4 a I'm not very active. .... (I / not / do) any sport.  
b What ..... (you / usually / do) at weekends?
- 5 a Rachel is in New York right now. .... (She / stay) at the Park Hotel.  
b ..... (She / always / stay) there when she's in New York.

## 3.3 Put the verb into the correct form, present continuous or present simple.

- 1 Why are all these people here? What's happening (What / happen)?
- 2 Julia is good at languages. .... (She / speak) four languages very well.
- 3 Are you ready yet? ..... (Everybody / wait) for you.
- 4 I've never heard this word. How ..... (you / pronounce) it?
- 5 Kate ..... (not / work) this week. She's on holiday.
- 6 I think my English ..... (improve) slowly. It's better than it was.
- 7 Nicola ..... (live) in Manchester. She has never lived anywhere else.
- 8 Can we stop walking soon? ..... (I / start) to get tired.
- 9 Sam and Tina are in Madrid right now. .... (They / visit) a friend of theirs.
- 10 'What ..... (your father / do)?' 'He's an architect.'
- 11 It took me an hour to get to work this morning. Most days ..... (it / not / take) so long.
- 12 I ..... (I / learn) to drive. My driving test is next month. My father ..... (teach) me.

3.4 Finish B's sentences. Use **always -ing**.

- 1 A: I've lost my keys again.  
B: Not again! You're always losing your keys
- 2 A: The car has broken down again.  
B: That car is useless. It .....
- 3 A: Look! You've made the same mistake again.  
B: Oh no, not again! I .....
- 4 A: Oh, I've left my phone at home again.  
B: Typical! .....



## Present continuous and present simple 2 (I am doing and I do)

**A** We use continuous forms (**I'm waiting**, **it's raining** etc.) for actions and happenings that have started but not finished.

Some verbs (for example, **know** and **like**) are not normally used in this way. We don't say 'I am knowing', 'they are liking'. We say 'I **know**', 'they **like**'.

The following verbs are not normally used in the present continuous:

like	want	need	prefer	
know	realise	understand	recognise	
believe	suppose	remember	mean	
belong	fit	contain	consist	seem

- ☐ I'm hungry. I **want** something to eat. (*not I'm wanting*)
- ☐ **Do** you **understand** what I **mean**?
- ☐ Anna **doesn't seem** very happy right now.

### **B** think

When **think** means 'believe' or 'have an opinion', we do not use the continuous:

- ☐ I **think** Mary is Canadian, but I'm not sure. (*not I'm thinking*)
- ☐ What **do** you **think** of my idea? (= what is your opinion?)

When **think** means 'consider', the continuous is possible:

- ☐ I'm **thinking** about what happened. I often **think** about it.
- ☐ Nicky **is thinking** of giving up her job. (= she is considering it)

### **C** see hear smell taste look feel

We normally use the present simple (not continuous) with **see/hear/smell/taste**:

- ☐ **Do** you **see** that man over there? (*not are you seeing*)
- ☐ The room **smells**. Let's open a window.
- ☐ This soup **doesn't taste** very good.

You can use the present simple or continuous to say how somebody **looks** or **feels** now:

- ☐ You **look** well today. *or* You're **looking** well today.
- ☐ How **do** you **feel** now? *or* How **are** you **feeling** now?

*but*

- ☐ I usually **feel** tired in the morning. (*not I'm usually feeling*)

### **D** am/is/are being

You can say **he's being** ..., **you're being** ... etc. to say how somebody is behaving *now*:

- ☐ I can't understand why he's **being** so selfish. He isn't usually like that.  
(**being** selfish = behaving selfishly now)
- ☐ 'The path is icy. Don't slip.' 'Don't worry. I'm **being** very careful.'

Compare:

- ☐ He never thinks about other people. He's very selfish.  
(= he is selfish generally, not only now)
- ☐ I don't like to take risks. I'm a very careful person.

We use **am/is/are being** to say how a person is *behaving* (= doing something they can control) now.

It is not usually possible in other situations:

- ☐ Sam **is** ill. (*not is being ill*)
- ☐ **Are** you tired? (*not are you being tired*)

## Exercises

## 4.1 Put the verb into the correct form, present continuous or present simple.

- Are you hungry? Do you want (you / want) something to eat?
- Alan says he's 90 years old, but nobody ..... (believe) him.
- She told me her name, but ..... (I / not / remember) it now.
- Don't put the dictionary away. .... (I / use) it.
- Don't put the dictionary away. .... (I / need) it.
- Air ..... (consist) mainly of nitrogen and oxygen.
- Who is that man? What ..... (he / want)?
- Who is that man? Why ..... (he / look) at us?
- Who is that man? ..... (you / recognise) him?
- ..... (I / think) of selling my car. Would you be interested in buying it?
- I can't make up my mind. What ..... (you / think) I should do?
- Gary wasn't well earlier, but ..... (he / seem) OK now.

## 4.2 Use the words in brackets to make sentences.

<p>1</p>  <p>(you / not / seem / very happy today) <u>You don't seem very happy today.</u></p>	<p>2</p>  <p>Are you OK? You look worried. (I / think)</p>
<p>3</p>  <p>(who / this umbrella / belong to?) I've no idea.</p>	<p>4</p>  <p>(this / smell / good)</p>
<p>5</p>  <p>Excuse me. (anybody / sit / there?) No, it's free.</p>	<p>6</p>  <p>(these gloves / not / fit / me) They're too small.</p>

## 4.3 Are the underlined verbs OK? Correct them where necessary.

- Nicky is thinking of giving up her job.
- It's not true. I'm not believing it.
- I'm feeling hungry. Is there anything to eat?
- I've never eaten that fruit. What is it tasting like?
- I'm not sure what she does. I think she works in a shop.
- Look over there. What are you seeing?
- You're very quiet. What are you thinking about?

OK  
I don't believe it.

.....

.....

.....

.....

.....

.....

4.4 Complete the sentences. Use **is/are being** (continuous) or **is/are** (simple).

- I can't understand why he's being so selfish. He isn't usually like that.
- You'll like Sophie when you meet her. She ..... very nice.
- Sarah ..... very nice to me at the moment. I wonder why.
- They ..... very happy. They've just got married.
- You're normally very patient, so why ..... so unreasonable about waiting ten more minutes?
- Would you like something to eat? ..... hungry?