

Past Simple and Past Continuous tenses

Past Simple			
+	Subject	regular verbs: base form +ed irregular verb form	
-	Subject	didn't	+ base form
?	Did	Subject	
Past Continuous			
+	Subject	was/ were	V +ing
-	Subject	wasn't/ weren't	
?	Was / Wasn't Were/ Weren't	Subject	

Practice

Look at this dialogue between a journalist and Nick Bourne. Complete the missing gaps with Past Simple or Past Continuous.

Journalist: Hi Nick. Congratulations on your run across Africa! You must have felt relieved when you finally (1) _____ (see) the Pyramids in Egypt?

Nick: Well, as you know it wasn't my plan to finish in Egypt, but when the Pyramids suddenly came into view, as I (2) _____ (cross) the finishing line, I was so happy that it was over.

Journalist: It was obviously a tough trip – what was the biggest problem you (3) _____ (have) while you (4) _____ (run) across the desert?

Nick: Well probably the most frightening was when I (5) _____ (lie) in a make-shift hospital bed in Zambia with malaria. The doctors (6) _____ (not want) me to continue with the run because I was so ill.

Journalist: And what (7) _____ (enjoy) the most about your trip?

Nick: There are so many things but I really loved the scenery.