

Unit 3 Reading Quiz Version

Time Allowance: 15 minutes

Read the article. Then choose the correct answers.

A Doctor's Advice for Living

Dr. John Kitchin traded a successful career as a neurologist for the chance to pursue a lifelong passion: rollerblading. Every day, Kitchin skates along San Diego's Pacific Beach boardwalk practicing his unique style of skating. His slow, gliding movements have earned him the nickname "Slomo."

When people see Slomo rollerblading along the boardwalk, some think he's crazy. After all, who spends all day rollerblading? But Kitchin is far from being mentally unstable. He can explain scientifically how rollerblading affects the brain and the body's balance system—how it connects you to the movement of the earth and the force of gravity.

Kitchin will also tell you about his days as a doctor—how he made a ton of money, lived in a mansion, and owned several luxury vehicles. However, he was not truly happy. One day he met an elderly man in the hospital cafeteria who gave him this advice: "Do what you want to do." When Kitchin's vision began failing and his ability to do his job was compromised, he finally took the elderly man's advice. He quit his job, bought a small apartment next to the beach, and began rollerblading every day for as long as he wanted to.

Now in his 70s, Kitchin has never been so happy in his entire life. He feels he has escaped the pressures of society to work hard and make a lot of money. He enjoys the freedom of being able to do what he wants to do.

_____ 1. What is the main reason Kitchin rollerblades?

- a. because it makes him feel happy
- b. to help reduce air pollution
- c. to improve his balance

_____ 2. Kitchin's nickname, Slomo, probably stands for _____.

- a. slow motion
- b. sleepy old man
- c. skating life on my own

_____ 3. What does "it" refer to in the second paragraph?

- a. balance system
- b. rollerblading
- c. the brain

_____ 4. What can we infer from the third paragraph?

- a. Kitchin didn't really want to be a doctor
- b. Kitchin wanted to make more money.
- c. Kitchin was fired from his job.

_____ 5. Who gave Kitchin the advice that changed his life?

- a. his father
- b. a person he met by accident while at work
- c. one of the people he rollerbladed with