

## Food adjectives

### 1 Choose the correct words.

- 1 Healthy food is good / bad for you.
- 2 Everyone / No one enjoys a delicious meal.
- 3 Raw vegetables are usually hard / soft.
- 4 You can keep frozen meat for a long / short time.
- 5 Spicy food has little / a lot of flavour.
- 6 Organic food is very natural / artificial.
- 7 The best / worst apples are sweet.
- 8 It's easy / difficult to eat a tough steak.

### 2 Rewrite the sentences in exercise 1 with the words below so that they have the opposite meaning.

■ cooked ■ disgusting ■ fresh ■ plain ■ processed ■ sour  
■ tender ■ unhealthy

- 1 ..... food is ..... for you.
- 2 ..... enjoys a ..... meal.
- 3 ..... vegetables are usually .....
- 4 You can keep ..... meat for a ..... time.
- 5 ..... food has ..... flavour.
- 6 ..... food is very .....
- 7 The ..... apples are .....
- 8 It's ..... to eat a ..... steak.



### 3 Complete the sentences with adjectives in exercises 1 and 2.

- 1 Most salads contain r..... vegetables.
- 2 Indian food is very s.....
- 3 Add some sugar if the fruit isn't s..... enough.
- 4 That fish is f..... – it was caught this morning.
- 5 Pizzas are u..... if you eat too many of them.
- 6 My steak was so t..... that I couldn't eat it.
- 7 We buy o..... food because it contains no additives.
- 8 Our meal was d..... We won't go back to that restaurant.
- 9 If you put too much vinegar in the salad, it will taste s.....
- 10 My favourite food is pasta. I think it's d.....