How do you and your family help people?

Karen, 13



Last week it rained every day. One afternoon I was baking a cake with Mum when I looked out of the window. Water from the river near my house was in the street! Our neighbours, Mr and Mrs Charles, needed to leave their home because water was in their house. They stayed at our home that night. Dad cooked pasta with vegetables for dinner and I made Mrs Charles some mint tea because she had a stomachache.

Ben, 12



Every month there's a big dinner in my town for people with no home. My grandparents and their friends are the chefs. They chop vegetables, peel potatoes and slice bread. Last month Grandpa roasted ten chickens! I want to help them next time. The people with no home sometimes have cuts and bruises because they sleep outside. Mum is a doctor and gives them plasters and painkillers.

Jo, 13

My brother John is in a university club called 'Talk&Talk'. The students visit old people in the town. These people don't have families. The students talk to them, help with their shopping and sometimes cook a meal.



Yesterday, John helped Mrs Nobel walk to the local shop and do her shopping. Then Mrs Noble had a headache, so John made her some tea.

Reading and Writing

1 Read the texts and answer the questions.

0 Who is a doctor? *Ben's mum*
1 Who needed to leave their home? _____
2 Who made tea for an old lady? _____
3 Who cooked pasta and vegetables for dinner? _____
4 Who had a stomachache? _____
5 Who roasted ten chickens last month? _____
6 Who had a headache? _____

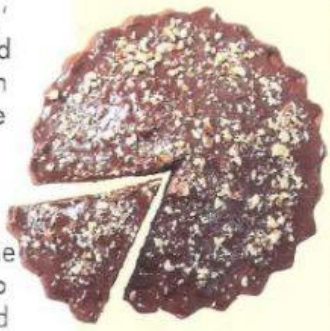
☐/6

2 Read the story. Complete the gaps with the words in the box. There are four extra words.

been	bowl	cold	have	seen
should	shouldn't	~~sitting~~	tin	was

Betty was [0]*sitting* in the school canteen when her cousin, Rob, came in. 'Hi Betty,' he said. 'Have you [1]_____ the poster about a baking competition?' Betty loved baking cakes, so she decided to enter the competition – it [2]_____ at school on Friday. When she got home the next day, she baked a special chocolate cake. She beat the eggs and sugar in a big bowl, added the flour and chocolate and mixed them all together. Then she put the mixture into a cake [3]_____ and baked it for twenty-five minutes. It was perfect!

It was Friday, the competition day. Betty went into the kitchen to get her cake. She was feeling terrible. She had a runny nose and a sore throat. 'You [4]_____ go to school today,' her mum said. 'You've got a bad [5]_____!' Betty felt very sad and wanted to cry. 'I can take your cake to school Betty,' her dad said. And he did. Later that day Betty's best friend phoned her. 'Guess who the winner is! You!' she said. Betty was very happy.



☐/5

3 Now choose the best name for the story. Tick (✔) one box.

1 A good recipe ☐
2 A baking competition ☐
3 A bad cold ☐

☐/1

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4 Read the mixed up recipe and choose the correct words for 1–5.

A simple baked potato



Ingredients:
- one medium potato for baking
- some butter
- some cheese
- salt and pepper
- oil

You also need:
- a knife
- a fork
- a [4]plate / pot

a Before you put it in the oven, [1]*put / chop* oil and salt on it.

b Finally, slice it with the knife and [2]*add / mix* butter and cheese.

c Then dry it.

d When it's ready, take it out of the [3]*frying pan / oven* and put it on the plate.

e First, wash the potato, but don't [4]*peel / fry* it.

f [5]*Bake / Boil* it for about an hour.

5 Now write sentences a–f in the correct order to make the recipe.

First, wash the potato but don't _____

_____

_____

_____

_____

_____

_____

/2.5

Listening

6 16 Johnny was playing in a school football match when he had an accident. Listen to his conversation with the school nurse and answer the questions.



0 Has Johnny got a broken leg?
No, he hasn't .

1 What should Johnny do to the bruise?
_____

2 Has the football match finished?
_____

3 Has Johnny phoned his parents?
_____

4 Does Johnny have to stay at home?
_____

/4

Communication

/2.5

7 Helen is having lunch in a café with her grandpa. He is asking her some questions. Read the conversation and choose the best answers a–g. There are two extra answers.

0 **Grandpa:** Would you like to eat meat or pasta?
Helen: *e*

1 **Grandpa:** Would you like tuna pasta or chicken pasta?
Helen: _____

2 **Grandpa:** What about a drink? Would you like cola or orange juice?
Helen: _____

3 **Grandpa:** What's the matter?
Helen: _____

4 **Grandpa:** Why don't you drink some water too?
Helen: _____

a I haven't got a headache.
b I'd prefer orange juice.
c I've got a headache.
d Yes, that's a good idea.
e ~~I'd like to eat pasta please.~~
f The orange juice was nice.
g You choose, Grandpa.



/4

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