



## CHILDREN'S DAY 2020 GUIDED COMPOSITION

**Primary 1:** Read the essay below and choose words from the box to complete it.  
Put each word in the correct place.

### HEALTH IS WEALTH AND WEALTH IS HEALTH

|           |        |       |            |
|-----------|--------|-------|------------|
| WEALTH    | GOOD   | BODY  | PROVERB    |
| IMPORTANT | EATING | SLEEP | WELL-BEING |

'Health is \_\_\_\_\_(1)\_\_\_\_' is a very famous \_\_\_\_\_(2)\_\_\_\_ which means that health is the real money and prosperity. A person who has a healthy \_\_\_\_\_(3)\_\_\_\_ and mind can achieve everything.

Health refers to the overall \_\_\_\_\_(4)\_\_\_\_ that is physically, mentally, socially and emotionally.

It is very \_\_\_\_\_(5)\_\_\_\_ that everyone must maintain \_\_\_\_\_(6)\_\_\_\_ health and be free of body disorders and feel good all the time.

This depends on many things. A healthy body and comes from \_\_\_\_\_(7)\_\_\_\_ good food, exercising, being happy and getting enough \_\_\_\_\_(8)\_\_\_\_



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Primary 2: Complete the essay by filling in your own experiences

### *MY LOCKDOWN EXPERIENCE*

The Lockdown began for me on \_\_\_\_\_

I was no longer allowed to \_\_\_\_\_

or \_\_\_\_\_

It was now compulsory for me to \_\_\_\_\_

and \_\_\_\_\_

My parents were worried \_\_\_\_\_ and

also \_\_\_\_\_

There was no \_\_\_\_\_

\_\_\_\_\_ and

I felt \_\_\_\_\_

I missed \_\_\_\_\_ and

wished \_\_\_\_\_

From the lockdown I learned that \_\_\_\_\_

\_\_\_\_\_

I hope and pray \_\_\_\_\_

\_\_\_\_\_



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Primary 3: Complete the essay by filling in what you think is correct.

### WHY REGULAR HANDWASHING AN IMPOSSIBILITY IN MY COUNTRY.

In my country \_\_\_\_\_ water is a scarce commodity. What I mean by this is that unlike in many other countries around the world Nigeria does not have nationwide running water. Most \_\_\_\_\_ fetch water from \_\_\_\_\_, some people have \_\_\_\_\_ holes and fix pumps water into their \_\_\_\_\_. But most people, especially the \_\_\_\_\_ who live in remote \_\_\_\_\_ and \_\_\_\_\_ have no choice but fetch from \_\_\_\_\_, \_\_\_\_\_ and lakes. Many also harvest rain \_\_\_\_\_.

When people suffer so much to get water to drink, \_\_\_\_\_ food, take their \_\_\_\_\_ and \_\_\_\_\_ clothes it will be very difficult for them to fetch enough water to \_\_\_\_\_ their hands so many times in one day.

In addition to getting enough \_\_\_\_\_ to use, many people are so poor that they cannot \_\_\_\_\_ to buy soap often enough when they find it \_\_\_\_\_ to eat \_\_\_\_\_ square \_\_\_\_\_ a day.

In my opinion, a way to solve these problems would be \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_