

Watch the episode and mark the statements True or False

1. It's estimated that around 8 per cent of people sleepwalk at least once in **True** **False**
their lives.

2. Central pattern generators govern automatic movements and basic **True** **False**
actions related to survival.

3. Sleepwalking arises from slow-wave sleep. **True** **False**

4. Sleepwalkers perform complex tasks really often. **True** **False**

5. Sleep terrors are common for teenagers. **True** **False**

6. Waking up a sleepwalker can cause irreparable harm. **True** **False**