



1 Circle.



I just read an **1 interested / interesting** article about animals and sleeping. Do you know that cats can sleep for about 12 hours every day? When they're **2 boring / bored**, they just fall asleep. Giraffes are completely different. They only sleep for a few minutes and they sleep with their eyes open. I think that's **3 frightening / frightened**, don't you? When we're on the school bus, Angelo always sleeps with his mouth open. I'm always very **4 embarrassed / embarrassing** when I'm sitting next to him.

2 Complete with *ing* or *ed*.

- 1 I'm frighten..... if I have to sleep in the dark.
- 2 It's disappoint..... when a friend forgets your birthday.
- 3 It's embarrass..... when I can't pronounce a word.
- 4 I'm interest..... when the teacher tells us funny stories.
- 5 It's bor..... when there aren't any good shows on TV.

3 Write about how you feel. Then talk to a friend.

- 1 If I have nothing to do, I .....
- 2 It's embarrassing when .....
- 3 It's ..... when my friends don't call me.
- 4 Watching a horror movie before bed .....
- 5 When .....

If I have nothing to do,  
I'm bored.

