RMIT Classification: Trusted

Adventure is just bad planning.
Explorer Roald Amundsen, first man to reach the South Pole

5A The survivors' club

1 READING

a Read the story quickly. How did Nicholas Joy survive the freezing conditions of Sugarloaf Mountain?

b Read the story again and choose the right answer.

1 Sugarloaf Mountain is popular with skiers because…
   a it is easy to get to.
   b it is free at the weekend.
   c it is in a beautiful area.

2 Nicholas and his father separated because Nicholas wanted to…
   a go a different way.
   b sit down and have a rest.
   c meet some friends at the car park.

3 Nicholas knew how to make a snow cave because…
   a his father had taught him.
   b he had seen someone do it on TV.
   c he had been on a survival course.

4 The first thing Joseph Paul did when he found Nicholas was to…
   a call his parents.
   b give him some food.
   c take him back to the resort.

5 Skiers who go missing at Sugarloaf…
   a have usually left the official trail.
   b usually make their own snow caves.
   c usually have good survival skills.

LIVEWORKSHEETS

Reading: Night on a bare mountain

1 Sugarloaf Mountain in Maine, USA, is one of the best ski resorts in the country. Thousands of winter sports enthusiasts head for the area during weekends and holidays to enjoy the breathtaking scenery. Most of them go home exhausted but happy at the end of a great day's skiing. But not in the case of 17-year-old Nicholas Joy from Massachusetts.

2 Nicholas had gone skiing with his father in Sugarloaf. It was a Sunday, and they were on their way back down the mountain when Nicholas saw a shortcut. He decided to take the shortcut while his father continued on the official path. They arranged to meet back at the car park for the drive home. And that was the last his father saw of him that day because Nicholas didn't turn up at the car park. After waiting for what he considered to be a reasonable time, Nicholas's worried father raised the alarm. A massive search party was launched but it soon began to snow heavily. Eventually, the search was called off.

3 Meanwhile, Nicholas was desperate. He had got hopelessly lost, and he realized that he was going to have to spend the night on the mountain. Fortunately, he is a big fan of survival shows and so he knew how to make a snow cave. He found a safe place to build his cave and made a huge pile of snow with his skis. Then, he made a tunnel into the snow and dug out a hole to sit in. He covered the bottom with fallen pine branches and lay down inside. Whenever he was thirsty, he left the cave and drank water from a nearby stream. Then he returned to his cave and waited to be found.

4 Rescue came two days later in the form of snowmobiler Joseph Paul. Mr Paul was riding along a trail about six kilometers from the resort when he spotted Nicholas's snow cave. He got off his snowmobile, inspected the cave and found Nicholas curled up inside. After giving the hungry teenager some cheese crackers and peanuts, he took Nicholas back to the resort to be reunited with his relieved parents.

5 A warden at Sugarloaf confirmed that two or three groups of skiers go missing on the mountain each year. Like Nicholas, they are usually found in areas that are out of bounds. However, few of the rescued skiers are in such good shape because they lack his knowledge of survival skills. Tragically, some of them do not make it through the night.

LIVEWORKSHEETS

RMIT Classification: Trusted

c Find the words and phrases in the text to match definitions 1–8.

1 people who are very interested in an activity *(paragraph 1)* _____
2 a more direct way to get somewhere *(paragraph 2)* _____
3 told everybody there was an emergency *(paragraph 2)* _____
4 a small river *(paragraph 3)* _____
5 a path through the country *(paragraph 4)* _____
6 in a position where the arms, legs and head are close to the body *(paragraph 4)* _____
7 a phrase meaning you aren't allowed to go there *(paragraph 5)* _____
8 survive *(paragraph 5)* _____

2 VOCABULARY feelings

a How would you feel in these situations? Complete the crossword.

Clues across →

1 Your daughter has just won a painting competition.
4 It's pouring with rain and a friend offers to drive you to your home.
6 You have an exam tomorrow.
7 You've just told your parents that you didn't do well in an exam.

Clues down ↓

2 You weren't offered the job after you went for an interview.
3 Someone told you that your new hairstyle makes you look old.
4 You forgot your best friend's birthday yesterday.
5 You're studying abroad and you're missing your family.

LIVEWORKSHEETS

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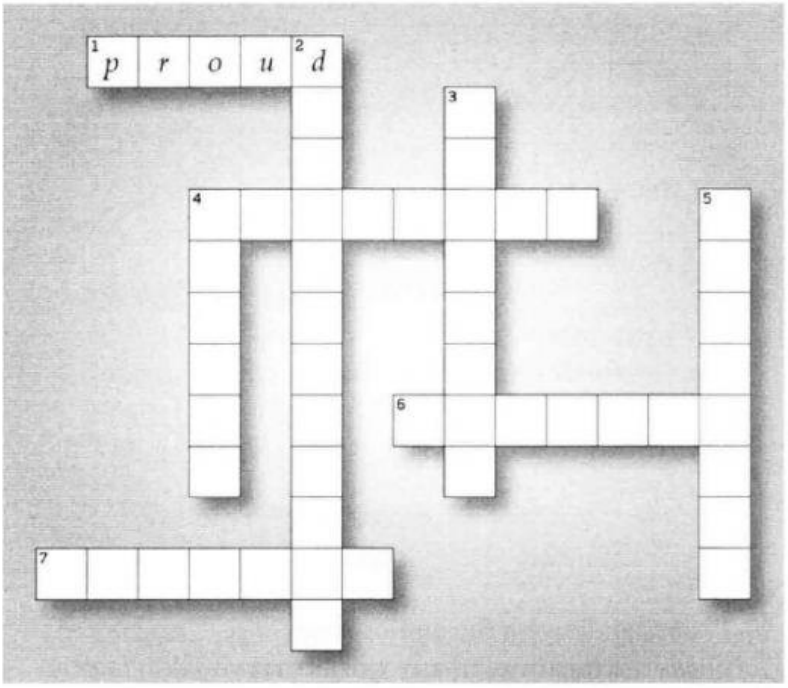

b Replace the underlined words with a suitable adjective from the box.

astonished	bewildered	delighted	
devastated	horrified	stunned	~~thrilled~~

1 We are very excited to be going on a world cruise. *thrilled*

2 My mum was very confused by the touch screen on her new phone. _____

3 People were extremely shocked and disgusted when they heard about the terrorist attack. _____

4 Andy was amazed when his parents gave him a car for his birthday. _____

5 She was so surprised she couldn't react when she saw the fire damage. _____

6 Olivia was incredibly pleased when she got promoted. _____

7 My brother was extremely upset when his wife left him. _____

LIVEWORKSHEETS

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c Complete the sentences with the words in the box.

down gobsmacked gutted
~~scared stiff~~ shattered sick of

1 Harriet was *scared stiff* when she saw a mugger coming towards her.

2 I'm _____ always having to tell my husband to tidy up.

3 My sister was a bit _____ after her interview went badly.

4 He was absolutely _____ after running nearly 20 kilometres.

5 He was _____ when he read her message.

6 I was _____ when I didn't get a place at university. I cried for weeks.

LIVEWORKSHEETS

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3 GRAMMAR unreal conditionals

a Circle the correct form.

1 Our boss *was* / *would be* more popular if he didn't take himself so seriously.
2 I would have got cold if I *didn't take* / *hadn't taken* a jacket.
3 You *hadn't have* / *wouldn't have* sprained your ankle if you'd been looking where you were going.
4 I'd really miss you if you *went* / *would go* away.
5 Matt *had* / *would have* more friends if he didn't complain all the time.
6 I *had been* / *would have been* really disappointed if I hadn't got the job.
7 You *didn't get* / *wouldn't get* blisters if you were wearing walking boots.
8 We wouldn't have come to Bangkok if we *knew* / *had known* it was the monsoon season.
9 Emma wouldn't be so stressed if she *didn't have* / *wouldn't have* so much work.
10 We wouldn't have got lost if we *had stayed* / *would have stayed* on the path.

LIVEWORKSHEETS

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b Write second and third conditional sentences.

1 We don't go walking because we don't have much free time.
If we __*had*__ more free time, __*we'd go walking*__ more often.

2 There wasn't much snow so we didn't make a snowman.
We _____ a snowman if there _____ more snow

3 I didn't know the water was so cold so I jumped in.
I _____ into the water if I _____ it was so cold.

4 He doesn't pass his driving test because he gets so nervous.
If he _____ so nervous, he _____ his driving test.

5 We got lost because we didn't follow the path.
If we _____ the path, we _____.

6 You get sunburnt because you don't use enough suncream.
If you _____ more suncream, you _____ sunburnt.

7 They hadn't read the book so they didn't understand the film.
They _____ the film if they _____ the book.

8 I don't earn a lot of money, so I can't buy my own flat.
I _____ my own flat if I _____ more money.

LIVEWORKSHEETS

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4 PRONUNCIATION word stress

a Complete the table with the words according to the stressed syllable. Then underline the words where 'ed' adds another syllable to the word.

a|sto|nished be|wil|dered de|ligh|ted de|va|sta|ted
di|sa|ppoin|ted ho|rri|fied o|ffen|ded o|ver|whelmed

stress on 1st syllable	stress on 2nd syllable	stress on 3rd syllable
_____	*astonished*	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

5 LISTENING

a iChecker Listen to a firefighter giving a talk on house fires at a community centre and complete the notes.

LIVEWORKSHEETS

House fires

- Fires usually break out when people are [1]_____.

Precautions

- Install a [2]_____ _____ and make an escape plan.
- Don't smoke in the [3]_____.
- Put [4]_____ and _____ where children can't get them.
- Don't leave cooking food unattended, especially [5]_____ _____.

If there is a fire

- If you get trapped in your home, [6]_____ all the doors.
- Put [7]_____ or clothing under the doors to keep smoke out.
- Hold a damp cloth over your [8]_____ and _____ to protect your lungs.
- If you try to escape, it is best to crawl because the nearer you are to the floor the [9]_____ the air is.
- Get out as soon as possible, don't try to save [10]_____ or _____.

LIVEWORKSHEETS