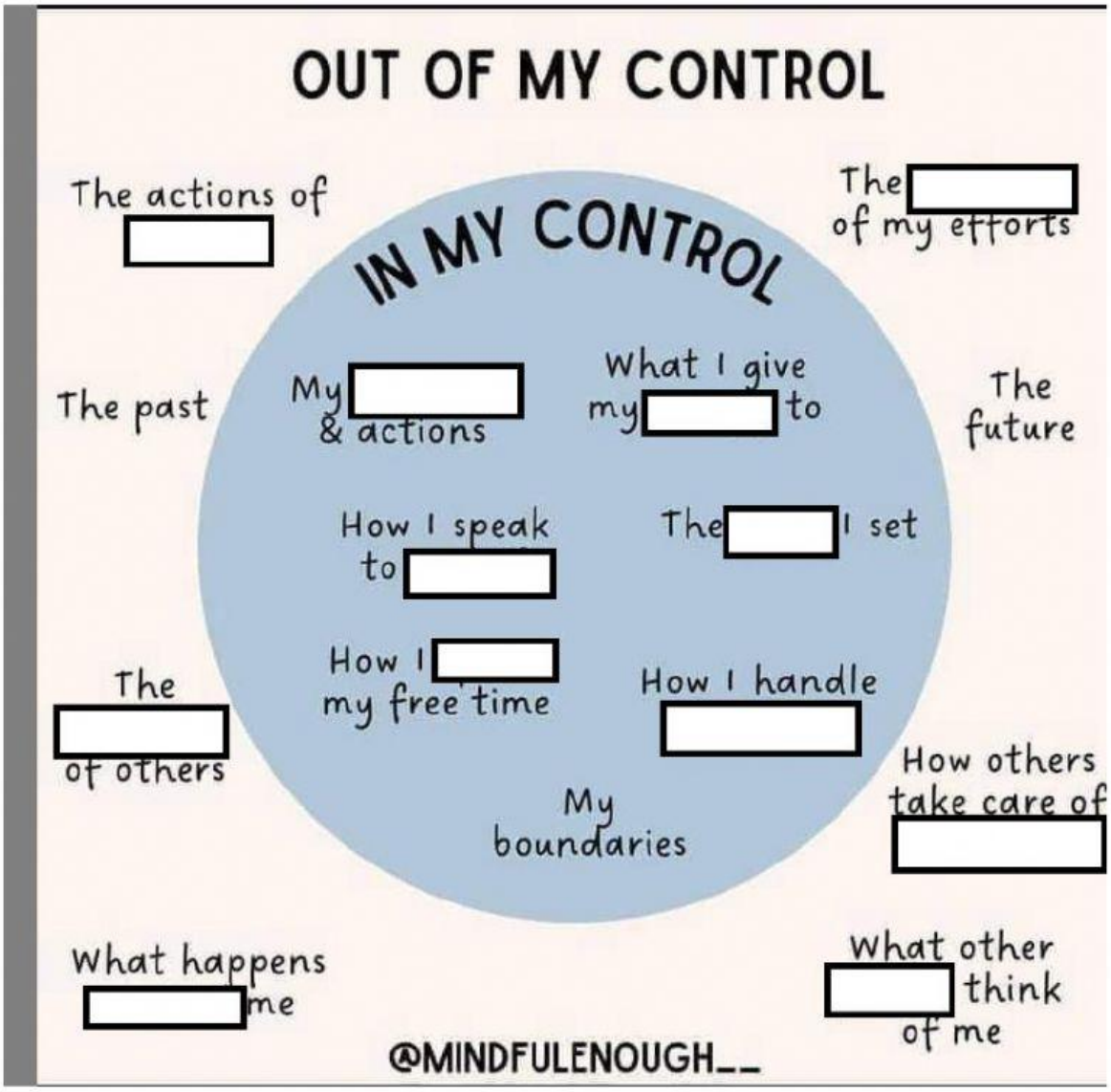
What is in/out of my control?

Fill in the gaps – choose from the words below:

around, challenges, energy, goals, myself, opinoins, others, outcome, people, spend, themselves, thoughts



Give some examples of things that you can affect.

LIVEWORKSHEETS