

TEST
the 8th form

I. Choose the right answer.

1. To be healthy you should
 - a) skip your lessons.
 - b) come to school on time.
 - c) have enough sleep and be active.
2. If you want to fall asleep quickly, what should you do?
 - a) eat some chocolate and drink some coffee
 - b) eat in your bed and go to sleep at once
 - c) avoid physical activities and eating before going to bed
3. I didn't hear any noise last night because I
 - a) was fast asleep
 - b) slept like a log
 - c) didn't sleep a wink
4. What is "a nightmare"?
 - a) a very good dream
 - b) a very bad dream
 - c) a long sleep

II. Choose the right variant.

1. Joseph, where are you? The plane _____ at 8.30!
 - a. lands
 - b. is landing
 - c. will land
2. Don't talk again like that or I swear I _____ you!
 - a. hit
 - b. will hit
 - c. am hitting
3. My english teacher expects I _____ linguistics over literature.
 - a. am choosing
 - b. choose
 - c. will choose
4. The lesson _____ at 9.30.
 - a. starts
 - b. will start
 - c. is starting
5. Come on, girl! We _____ the class meeting at 10 o'clock!
 - a. have
 - b. are having
 - c. will have
6. I _____ with my friends tonight.
 - a. will meet
 - b. am meeting
 - c. meet

III. Write what people should do to feel healthy.