A) **What makes you feel free?**
B) **How do you take care of your mental health?**

1) **Complete the missing words**

Sometimes I wonder if I should be _____

If I would feel better just slightly _____

A feeling comes so fast and I cannot control it

I'm on fire, but I'm _____ not to show it

As it picks me up, puts me down

It picks me up, puts me down

Picks me up, puts me down

A _____ times a day

It picks me up, puts me down

It chews me up, _____ me out

Picks me up, puts me down

2) **Put the lyrics in the correct order**

running something always I'm from

back I it push,

coming keeps but on it

me being And got far clever very never

head it's my Because in all

too you're said sensitive they And

let's said this hospital the but discuss I at okay

LIVEWORKSHEETS

As it picks me up, puts me down

It picks me up, puts me down

Picks me up, puts me down

A hundred times a day

It picks me up, puts me down

It chews me up, spits me out

Picks me up, puts me down

3) Choose the correct word

But I **hear / heard** the music _____

I feel the **heat / beat** _____

And for a moment

When/Then I'm dancing, I am free _____

X2

4) Put the lyrics in the correct order

Oh, don't you wanna call it off? ___

But there's nothing else that I know how to do ___

Who died for what? ___

But to open up my arms and give it all to you ___

To exist in the face of suffering and death ___

Is this how it is? ___

Oh like Christ up on a cross ___

Is this how it's always been? ___

And somehow still keep singing ___

Who died for us? ___

LIVEWORKSHEETS