LISTENING EXAM

10 minutes

6 01 **First read sentences A–J below. You are going to hear a psychologist giving advice to parents. Decide which five out of the ten pieces of advice are given in the recording.**

A ☐ Your decision should not only be based on your children's age.

B ☐ Tell your children not to answer telephone calls.

C ☐ Instruct your children to open the door only to people they know well.

D ☐ Don't leave your children alone for more than three hours.

E ☐ Teach your children to keep the house key in their schoolbag.

F ☐ Don't allow your children to use the cooker.

G ☐ Teach your children what to do in case of fire.

H ☐ Ask a neighbour to keep an eye on what's going on.

I ☐ Keep alcohol out of the reach of your children.

J ☐ Don't stress your children by talking about possible dangers.

LIVEWORKSHEETS

1 **Read the strategy above. Then read the paragraph below and headings A–D. Choose the heading which best matches the paragraph.**

The older generation seem to have chosen to forget so much about their past. It is obvious to a teenager that their parents must have made some mistakes in their youth, disagreed with their parents, listened to the 'wrong' music, or made the 'wrong' friends. But it is rare to find a parent who admits to it.

A Parents expect too much perfection from teens.
B Teens are unable to see a parent's point of view.
C Parents frustrate teens by denying their past.
D Teens should admit their mistakes to their parents.

2 **Read the text about staying young. Match the headings (A–G) with the paragraphs (1–5). There are two extra headings.**

1 ___ As people grow older, they often think back to the days of their youth. They remember the great friends of those days, great times together, and how bright the future looked. Of course, not everything was perfect – but it can look that way as we get older. And this can make people feel pessimistic and bitter.

2 ___ It doesn't need to be that way. There are many secrets to staying young in spirit well into old age. Why put up with feeling miserable when you can be enthusiastic instead? Here are some tips to keep you young at heart as you grow older.

3 ___ Relationships are extremely important. Family gives you comfort and support, and catching up with old friends can help older people to feel young. Making new friends is important too – but make sure they are optimistic, enthusiastic people.

LIVEWORKSHEETS

4 ___ Bad things happen to all of us. We split up with a boyfriend or girlfriend, and later we may have to do a boring job for years. But don't think too much about negative things. Deal with them, and get on with your life.

5 ___ Always keep special things around you, like family photos or favourite possessions – and be grateful that you can enjoy them. Thank your loved ones daily for sharing your life too. When you see the pleasure on their faces, you will never feel old – even in your eighties!

A The importance of people in your life
B Ageing can be a positive experience
C You can choose to stay young
D Appreciate the things and people in your life
E Looking back can make old people feel bad
F Getting over the negatives and moving on
G Even pessimists can have friends

LIVEWORKSHEETS