

Costa Rican Customs and Traditions:

Identify the following typical dishes and beverages.

► **Ficha # 3** Si te es posible observo este video: <https://www.youtube.com/watch?v=OvIFdWtHOxY>
Leo la información de cada platillo típico con sus respectivos ingredientes y lo asocio al dibujo escribiendo el número correcto dentro de cada círculo.



1. **Tamal:** is a seasoned corn meal which is covered in plantains leaves. In the inside it has rice, peas, vegetables and meat.

2. **Fruit salad:** consists of different pieces of tropical fruits, like papaya, banana, watermelon and many more, mix together.

3. **Olla de carne** is a delicious stew made with beef, potatoes, carrots, *chayote* (vegetable pear), plantains and cassava.

4. **Chimichurri:** small pieces of tomato and onion in lime juice.

5. **Ceviche:** fish or shrimp cut into small pieces with onion, cilantro and pepper in lime juice.

6. **Sopa negra:** black bean soup usually accompanied by boil eggs.

7. **Tres leches:** typical desert, "three milk bread", is a sponge cake, soaked in three kinds of milk: evaporated milk, condensed milk, and heavy cream.

8. **Gallo Pinto:** rice and beans.

9. **Casado:** a dish with rice, beans, meat, picadillo, plantain and salad.



Ficha # 4

► Identifico las siguientes comidas y bebidas típicas, marco con una X la palabra correcta.



() Picadillo

() Rice pudding

() Agua de sapo

() Tortillas

() Resbaladera

() Gallo Pinto

() Tamal

() Agua dulce

() Pancakes

() Coffee

Ficha # 5 Leo la siguiente información sobre la descripción y los ingredientes de las comidas y bebidas típicas, completo las oraciones con el nombre correcto usando las palabras del siguiente cuadro. Al final de cada oración está el significado de algunas palabras importantes, van en el mismo orden en que están en la oración.

Sopa negra/Black beans soup - Pan bon - Casado - Tortillas - Rice pudding
Gallo Pinto - Coffee - Rice with chicken - Agua de sapo

1. _____ : A creamy soup, with a hard-boiled egg and black beans broth. (sopa, huevo, frijol)
2. _____ : It is a sweet dessert composed of rice and milk. Usually includes cinnamon, cloves, and condensed milk. (postre, leche, canela, clavos de olor)
3. _____ : It is a traditional dark home-made bread made in Limón. (Caribbean coast). (pan casero)
4. _____ : This is the national drink, a traditional breakfast drink. (bebida, desayuno)
5. _____ : these are made of corn, often served with sour cream. (maiz, servida, natilla)
6. _____ : This is the national dish, made of rice and black beans. It is a traditional breakfast. Sometimes includes fried eggs. (platillo, arroz, huevos fritos)
7. _____ : It contains rice, black beans, meat, cabbage, and plantain. (frijoles negros, carne)
8. _____ : It is a basic dish of chicken, rice and spices like onions, red or green bell pepper, etc. (pollo, arroz, cebolla, chile)
9. _____ : This beverage is a mix of sweet with lemon, water, and ice. (dulce, limón, hielo)