

Complete this work in your writing book or verbally as instructed

Plants – what we get from them



Let's read

The earth is full of living things. There are animals, like humans, sheep and crows, and plants, like mealies and willow trees, and funguses, like toadstools.



Plants usually have branches, leaves, stems and roots. They bear flowers, fruits and seeds. Most plants have leaves that are coloured green.



Let's talk

Where does our food come from?

You have already learned where our food comes from. See what you remember.

Look at the pictures and talk to your friend about them.

On the next page is a list of foods. Which of them do not come from the things in the pictures?



Plants give us many kinds of food. All vegetables, fruits and nuts come from plants. They help to keep us healthy because they contain vitamins, minerals, proteins, carbohydrates, oils and fibre. Even chocolate comes from plants.



Let's write

Write a letter to a person who usually makes food for you.
Use this frame. Use words from this list in your letter:

mealie meal bacon pumpkin potato carrot peanut butter
bread cake lettuce beef peaches apples watermelons

Dear _____

Thank you for _____

I like to eat _____

I do not like _____

because _____

Will you please make me _____

Food from plants can be good because _____



Let's talk

Look at these pictures and talk to your friend about the shapes plants can have.

1



2



3



4

