

- 4  **ASSESS** Listen to the podcast again. Complete the notes. Then compare notes with a partner and revise as necessary.

Topic:

A creative block is .

Strategies

- 1 Step away from proj.
- 2 Walking
- 3 New surroundings
 - a Travel
 - b Info from senses
- 4 Go back to
- 5 Look at
- 6 Make creat. act.
- 7 Think about it

- 5 **EXPAND** Answer the questions about the podcast. Use the information from your notes.

- 1 What did the Stanford study show about the effects of walking?
- 2 Do people get benefits from walking inside?
- 3 How does living abroad affect your creativity?
- 4 What did the writers Kafka, Darwin, and Chekhov have in common?
- 5 What is one tip to help you to see a creative project in a different way?

1. _____
2. _____
3. _____
4. _____
5. _____