Learning New Skills

Watch the video snd do the tasks

LIVEWORKSHEETS

BEFORE YOU WATCH

Match the set phrases and their definitions. Translate the phrases

1	create a group	one step forward, two steps back	
2	not to like	pit oneself against	
3	try one's best	catch	
4	start to work perfectly	form a network	
5	compete with	give it your best shot	
6	get a bit better and then get worse	click into place	
7	a hidden problem	{be} not a big one for	

WHILE YOU WATCH

Choose the correct option and decide whether the statements are true (T) or false (F). Then watch the video again and check your answers.

	Chris decides to up the ante by pitting himself *against / with* Tahoe.	T	F
	The *catch / trick* is that Tahoe is three decades younger than Chris.	T	F
	Scarves help to *find / form* a juggling network because they speed the process up	T	F
	The practice stage is enjoyable. One step *onward / forward* , two steps back.	T	F
	Chris claims that he's not a *big / large* one for excuses, but he hasn't done enough practice.	T	F
	Chris is not impressed when he says to Tahoe: 'Give it your best *shot / throw*'	T	F
	White matter fixes new brain pathways creating a sense of everything clicking into *point / place* .	T	F

Replace the underlined phrases with the correct form of the correct form of an appropriate phrase in Exercises 4.

- If something seems too good to be true, it's because there is a hidden problem.
- Learning a language is often a case of getting better and then getting worse.
- I don't like reading about things. I prefer listening to podcasts. 'm not a big one for
- When you are faced with a difficult challenge, always try your best. Never walk away.
- Learning a new skill is so satisfying – that moment when everything starts to work perfectly.
- In some sports – e.g. motor-racing – women should compete with men in an equal contest.
- Whenever you meet interesting people, it's worth collecting their phone numbers so that you can create a group of useful contacts.

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