Label the following essay with the suitable item.

(1) Introduction (2)Advantages (3)Disadvantages (4)Conclusion (5)Thesis statement (6)linking words (7)Advantage 1 (8)Advantage 2 (9)Advantage 3 (10)Disadvantage 1 (11)Disadvantage 2 (12)Disadvantage 3 (14) Writer's opinion

Increased awareness of social issues has resulted in more and more people choosing to serve a worthy cause while discovering the world around them. Although most people view voluntourism positively, there are those who warn of possible disadvantages. **To develop a clear point of view on the issue, we must examine both the pros and the cons to determine how the voluntourist is affected by this experience**.

On the one hand, voluntourists can benefit in various ways. **Firstly**, the work they do is particularly rewarding. This is because they help communities in need deal with serious problems, and what they do can have a lasting impact. **In addition**, voluntourists develop a deeper understanding of social, ethnic and cultural differences, as they interact with locals and experience first-hand their way of life. **Furthermore**, voluntourists build character as they are challenged by the situations and circumstances they encounter. They enhance their critical thinking, build their sense of what is right and what is wrong, and develop qualities such as respect, compassion, perseverance, humility and gratitude.

On the other hand, travelling abroad to do volunteer work can have negative effects on volunteers. **One obvious disadvantage** is that they may be putting their health at risk as they may be required to work in conditions that they are not used to. **Another significant drawback** is the effects of culture shock on volunteers. These include feelings of isolation, loneliness and homesickness. In extreme cases, culture shock may make it impossible for this person to function in the new environment. **Lastly**, volunteers may lack the necessary training or skills to effectively contribute. If the work does not fit the volunteer's interests or skills, he/she may end up feeling frustrated and useless.

To sum up, it is clear that travelling to help communities in need can affect voluntourists both positively and negatively. While it can satisfy their need for connection, growth and contribution, it can also put them at risk both physically and emotionally. For this reason, whoever wishes to give back to society should take the time to seriously consider all available options as voluntourism may not be for them.

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