

FAMILY DAY

In 1977 Governor Raul Castro signed a paper suggesting that August 7, 1977 was American Family Day. One year later, Governor Bruce Babbitt signed the day into law as an official Arizona holiday. American Family Day is now celebrated across the United States on the first Sunday in August. It encourages people to enjoy the warming summer days with those dearest to them. Principally, the day encourages families to spend time with one another. Unlike some other family holidays, people do not give gifts on this day. Instead, they celebrate the day by focusing on family relationships. People believe that the best gift one can give their families is themselves. So on this day, people enjoy being with their families. The most common activities family members often do together include playing games outdoors or going for a walk in the park, watching a movie, visiting grandparents and bringing them a picnic lunch. Some families enjoy taking an art class together, visiting a museum or trying out a new recipe and getting the whole family involved in the cooking. Whatever people do, the most important thing should be that they do it with their families. Americans love their Family Day because it reminds them to express their love to their family and helps strengthen their family bonds.

(Adapted from: <https://nottonoldaycolendarcomlometicon-family-day>)

Ex 1: Choose the best answer to complete the sentences

1. The President has been a paper suggesting that June 28th is the Vietnamese Family Day.
A. signed B. celebrated C. involved D. encouraged
2. My parents willtheir wedding day next week.
A. celebrated B. visited C. held D. strengthen
3. My mother often me to study English and IT a lot.
A. strengthens B. encourages C. focuses D. enjoys
4. Sharing housework can help strengthen the and make members more supportive.
A. family bonds B. family day C. holiday D. ceremony
5. Sharing housework is also the best way to our love to the family.
A. express B. celebrate C. remind D. involve

Ex 2: Read the passage and decide whether the statements are True or False

	TRUE	FALSE
1. Family Day became an official holiday in Arizona in 1977.	☐	☐
2. American Family Day is usually on Sunday.	☐	☐
3. People often give gifts to their family members on American Family Day.	☐	☐
4. On Family Day, family members often visit their friends together.	☐	☐
5. Some families celebrate Family Day by cooking together.	☐	☐
6. Family Day is the chance for people to express their love to their family.	☐	☐

Ex 3: Read the passage and answer the questions

1. When was August 7 signed to be the official Arizona holiday?

2. Why is it different from other family holidays?

3. On the family day, are family members encouraged to spend time together?

4. What is the most focused thing on that day?

5. What are not mentioned as one of the most common activities on the family day?

A. playing games outdoors B. walking in the park C. watching films

D. having a picnic lunch with their parents E. cooking traditional food

6. Why do people like the family day?
