

Health

unit

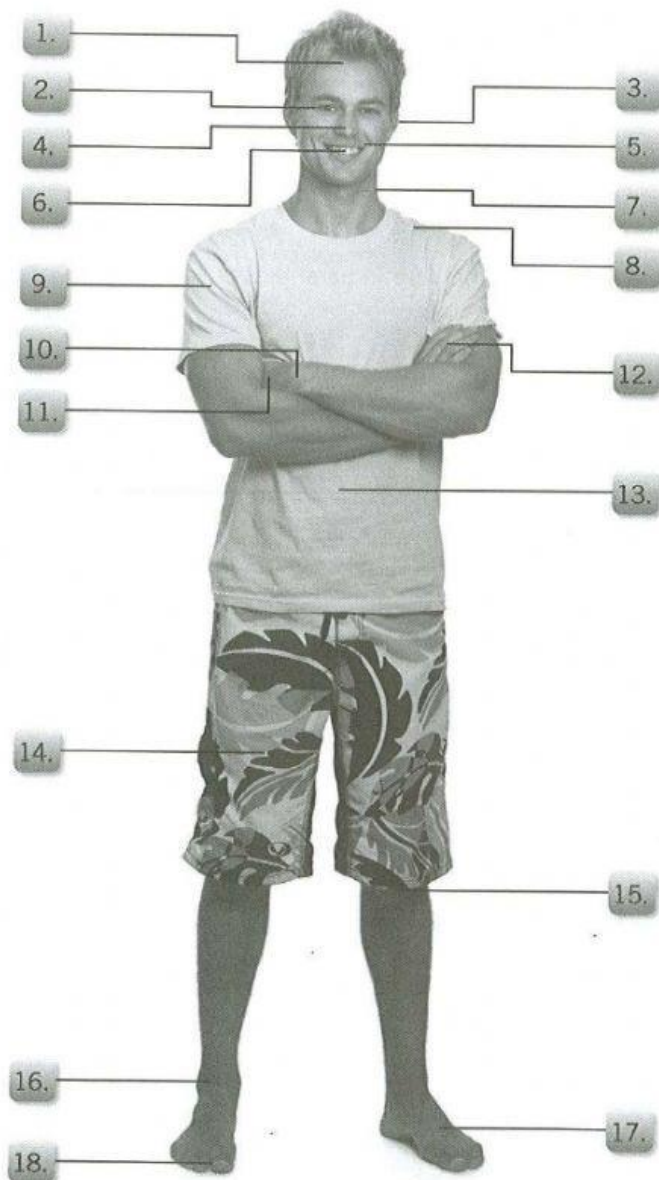
5

A

Breathe deeply.

1 Label the parts of the body with the correct words from the box.

ankle	eye	hand	leg	nose	teeth
arm	finger	✓head	mouth	shoulder	toe
ear	foot	knee	neck	stomach	wrist



1. head
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____

- 2** Match the objects to the corresponding parts of the body. Label each picture with the correct word from the box.

✓back eyes feet finger neck wrist



1. back



2. _____



3. _____



4. _____



5. _____



6. _____

- 3** Complete the instructions with the correct form of the verb in parentheses.

TIPS for Using Crutches



1. Walk (walk) slowly.
2. _____ (not look) down.
3. _____ (wear) good shoes.
4. _____ (practice) with a friend.
5. _____ (not walk) on snowy streets.
6. _____ (not open) doors.
7. _____ (ask) a friend for help.
8. _____ (have) a friend move chairs and tables in your home.
9. _____ (be) careful!



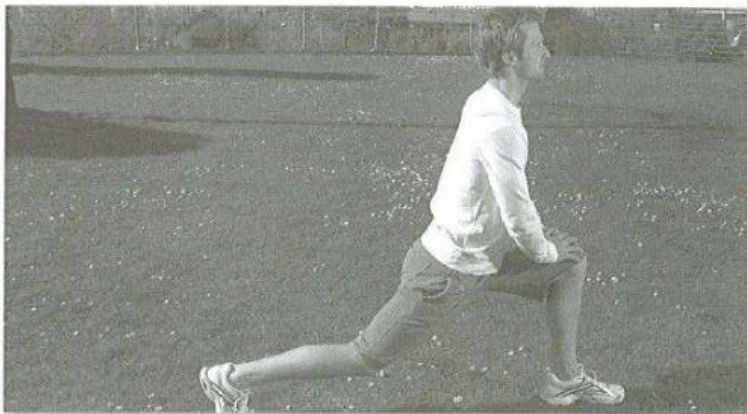
- 4** Complete the chart with the correct adverbs.

Adjective	Adverb
1. careful	<i>carefully</i>
2. deep	
3. heavy	
4. noisy	
5. quick	
6. quiet	
7. slow	

5 Circle the correct adverb to complete each sentence.

1. Raise your arms _____.
a. noisily b. deeply **c. quickly**
2. Please talk _____ in the library.
a. slowly b. quietly c. noisily
3. Walk _____, please. I can't walk quickly.
a. heavily b. slowly c. quietly
4. Don't breathe _____. Breathe deeply and relax.
a. heavily b. quietly c. carefully
5. Lower your head _____.
a. heavily b. noisily c. carefully
6. Breathe _____ in yoga. Relax and breathe slowly.
a. deeply b. noisily c. quickly

6 Write sentences with the words in parentheses. Use the simple present or the imperative form of the verbs and the adverb form of the adjectives.



1. Jim stretches slowly. (Jim / stretch / slow)
2. _____ (breathe / deep / for ten minutes)
3. _____ (not breathe / heavy)
4. _____ (Millie / talk / quiet / on the phone)
5. _____ (not walk / quick / after lunch)
6. _____ (we / listen / careful / to our teacher)

7 Answer the questions with your own information.

Example: I talk quickly. or I talk slowly.

1. Do you talk slowly or quickly? _____
2. Do you drive quickly or carefully? _____
3. Do you walk quietly or noisily? _____