

Language Expansion: Everyday ailments

For every common health problem, there's a product for sale to cure it. Are you suffering from **insomnia**? There's a pill to help you fall asleep. Did a **pimple** appear on your face? There's a cream for that. If you have a **headache** after a long day at work, or perhaps a **sore throat** and **fever**, you can buy something to make you feel better. Do you have **indigestion** because you ate the wrong kind of food? There's a pill to end the burning feeling in your stomach. If food won't stay in your stomach at all, you can take some medicine to end the **nausea**. Or maybe you ate too fast, so now you have the **hiccups**. Well, you won't find anything at the pharmacy for hiccups, but there's probably a company working on a new product right now.

 **A** Write the words in **blue** next to their definition.

1. _____ not being able to sleep
2. _____ high body temperature
3. _____ a repeated sound in your throat, often from eating too quickly
4. _____ a feeling like you are going to vomit
5. _____ pain in the stomach because of something one has eaten
6. _____ a small raised spot on the skin
7. _____ a pain in your head
8. _____ a general feeling of pain in the throat

Grammar: Infinitive of purpose

The infinitive of purpose gives a reason for doing something. Form an infinitive with to + the simple or base form of a verb.	You can drink tea with honey to help a sore throat. I use a sunscreen to protect my skin.
<i>In order to</i> + the base form of a verb is also a way to express the infinitive of purpose.	Nikki took an aspirin in order to lower her fever.
Use a comma after the infinitive of purpose when it begins a sentence.	To stop hiccups , I drink a glass of water.

A Match the actions with the reasons.

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| 1. Get plenty of sleep at night _____ | a. to help them fall asleep. |
| 2. Eat fruits and vegetables _____ | b. to find out the best remedy for your problem. |
| 3. Take a nap _____ | c. to increase your concentration during the day. |
| 4. Give children warm milk _____ | d. to make your muscles stronger. |
| 5. Ask your doctor questions _____ | e. to get enough vitamins in your diet. |
| 6. Lift weights _____ | f. to cure a headache. |