

Writing

Do the exam task.

You have received an email from your English friend, Tom.

Hey!

Thanks for your email. It was really nice to hear from you!

I'm busy with schoolwork and rehearsals with the orchestra and I'm feeling very unfit. I just don't get enough regular exercise.

I know that you're busy, too, but you've been swimming and running a lot this past year. How do you find the time? Did you change your routine? Did you get up earlier or did you stop doing other things? And how do you make yourself do them? Do you go with a friend at the same time each week? And do you enjoy them? Tell me how you do it!

Thanks,

Tom



Write him an email in which you:

- say how you feel about the problem he describes
- describe how you find the time to exercise
- write how you motivate yourself to keep fit



I Work Out!

Write a forum post of at least 100 words. Start your post in an appropriate way. (Writing bank page 168-169)

## POST A NEW TOPIC

Topic icon:



Subject:

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### Smilies



BBCode is ON  
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Smilies are ON

Name, Surname

Group

