



Student's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Teacher's Name: \_\_\_Irene Bracamonte Dávalos\_\_\_\_\_

### Part I- Listening

#### A. Listen and choose the correct statement.

1. a Sandra studies before school.  
b Sandra studies at night.
2. a John looks happy.  
b John looks tired.
3. a Sam usually goes running in the morning.  
b Sam usually sleeps late in the morning.
4. a Grace is a night person.  
b Grace is a morning person.
5. a Mia gets up early to go to work.  
b Mia gets up early to take a walk.
6. a James likes his new job.  
b James likes working at night.

### Part II- Vocabulary

#### B. Complete the sentences with the words below. There is an extra word.

bored      relaxed      sad      tired      unhappy      worried

1. This is a long walk! I'm \_\_\_\_\_. Can we stop for a moment?
2. I have bad grades and I'm \_\_\_\_\_ about them.
3. This song is very \_\_\_\_\_. I always cry when I listen to it!
4. No school today! No homework! Cool! I'm very \_\_\_\_\_!
5. There is nothing interesting to do today. I'm \_\_\_\_\_.

### Part III- Grammar

#### C. Complete the sentences with the Simple Present form of the verbs in parentheses.

1. They \_\_\_\_\_ (not like) reading books.
2. I often \_\_\_\_\_ (exercise) at the gym after school.
3. My sister \_\_\_\_\_ (not relax) in the evening.

4. We always \_\_\_\_\_ (speak) English in class.

5. I \_\_\_\_\_ (not go) to the movies on Mondays.

**D. Complete the blog post with the words below.**

after      at      then      because      do      don't      finish      so

**My day**

I'm a swimmer. I love \_\_\_it\_\_\_! My days are very busy, \_\_\_\_\_ every morning I get up at 5:00 – yes, 5:00! I \_\_\_\_\_ have a big breakfast, but I drink a glass of juice. I get to the pool there \_\_\_\_\_ 5:30 exactly. I practice for two hours. Then I take a shower and dad takes me home again. I have a big breakfast with the family at 8:30. \_\_\_\_\_ that, I ride my bike to school. Classes \_\_\_\_\_ at 4:30. \_\_\_\_\_ I go swimming again for an hour and a half, from 4:45 to 6:15. \_\_\_\_\_ - swimming, I go home and have dinner. I \_\_\_\_\_ my homework and then, at about 8:00, I watch some TV or play video games. I go to bed early, at 9:00, \_\_\_\_\_ I'm tired! I swim a lot \_\_\_\_\_ I want to be a famous swimmer!

**E. Choose the present simple or the present continuous to complete the sentences.**

1. John sleeps / is sleeping now.
2. Francesca goes / is going to school every day.
3. I have / am having a piano lesson on Tuesday and Friday.
4. Tom and Sarah play / are playing tennis every Saturday.
5. Mr. and Mrs. Clark visit/ are visiting my family every year.
6. My mum doesn't cook / isn't cooking at the moment.
7. I do / am doing my HW every day.
8. Frank's dad works / is working in Austria this month.
9. We don't dance / aren't dancing at school today.

**Part IV- Reading**

**F. Read the text and answer the questions.**

## Lesley's day

Lesley is an ESOL teacher at Hackney College in London. On weekdays she always gets up at about 7 o'clock. She has a shower and then she has breakfast with her husband and daughter. After breakfast she brushes her teeth and gets dressed and then she takes her daughter to school. She goes to college by bicycle at 8.30 and she starts work at 9 o'clock.

At about 1.30 she usually has lunch. She has a sandwich and some fruit in her office. She finishes work at 5 o'clock and picks up her daughter from her after-school club. She usually has dinner at about 7 o'clock and then she has a cup of coffee. In the evening she watches television or sometimes she listens to the radio. She likes listening to music. She usually goes to bed at about 11.30. Then she reads her book for about half an hour. She goes to sleep at midnight.



- Who does she have breakfast with?

---

- What time does Lesley get up?

---

- Does she have a shower in the morning?

---

- Where does she have lunch?

---

- Does Lesley have any hobbies after work?

---

- What time does she go to bed?

---

### Part V- Writing

G. Write about your typical day. What do you do?