

3H

Writing

An opinion essay

I can write an opinion essay.

Preparation

1 Read the task and the essay. In which paragraph (A–D) does the writer ...

- | | |
|---|--|
| 1 give his opinion? ☐ | 3 make his proposals? ☐ |
| 2 introduce the topic? ☐ | 4 sum up the essay? ☐ |

Some people think that the school curriculum should include subjects such as 'leading a healthy lifestyle'. Write an essay in which you give your own opinion on this issue and propose ways in which this subject might be taught in schools.

A If we can believe recent reports in the press, many teenagers are overweight and unfit. Some people argue that teaching children at school about a healthy lifestyle would help to solve this problem.

B In my view, it would be very sensible to teach students how to lead a healthy lifestyle. Health problems later in life often start because people get into bad habits during their teenage years. It is sometimes said that this is the responsibility of the parents and not the school. But as I see it, everyone in society would benefit from this.

C In order to tackle this problem, time should be set aside in the school timetable to teach children about the benefits of eating healthily and getting lots of exercise. Moreover, doctors could also play a part by coming into school and talking to students. I suggest that one or two hours a week should be spent on this topic.

D To sum up, I agree with those people who believe that healthy living should be taught in schools. It seems to me that the students themselves and society in general would benefit from this proposal.

2 Complete the gaps with the underlined phrases from the essay.

1 Introducing your opinions

in my opinion, _____

2 Introducing other people's opinions

It is a widely held view that _____ Most people agree that _____

It is a common belief that _____

3 Making an additional point

What is more, _____ Not only that, but _____ Furthermore, _____

4 Introducing proposals and solutions

One solution might be to _____ What I propose is that _____

I would strongly recommend that _____ It is vital that _____

5 Concluding

In conclusion, _____ To conclude, _____

Writing Guide

Many people think that teenagers spend too much time using electronic gadgets. Write an essay in which you give your own view of the problem and propose ways of solving it.

Writing Strategy

- 1 Divide your essay into an introduction, main body and conclusion.
- 2 If the task has more than one element, deal with them in different paragraphs within the main body.
- 3 Use formal language.
- 4 Support opinions with evidence or examples.

3 Read the task and the Writing Strategy above. In which paragraph (A–D) of your essay will you ...

- 1 describe the problem? ☐
- 2 introduce the topic: mention the problem (using different words from the task) and say that you will propose solutions? ☐
- 3 sum up by saying that you are confident that your proposed solutions will help to solve the problem? ☐
- 4 propose solutions? ☐

4 Make notes about the headings below.

My view of the problem and its causes:

Solutions to the problem: _____

5 Write your essay. Follow the paragraph plan in exercise 3, and use your notes from exercise 4. Include some phrases from exercise 2. 

CHECK YOUR WORK

Have you ...

- ☐ followed all the advice in the Writing Strategy?
- ☐ included phrases from exercise 2?
- ☐ checked your spelling and grammar?