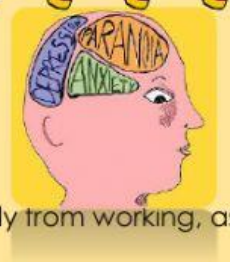


# Family Life
## Topic: Disabilities




A disability is a mental or physical condition that prevents the body from working, as it should. People have different forms of disabilities.

There are two kinds of disabilities they are **Physical Disabilities** and **Mental Disabilities**.



**Physical disabilities** include: blindness, deafness, speech defects, paralysis (cripple), etc.

Emotional disturbances and mental retardation are forms of **mental disabilities**.

A disability is **not a disease** that can be spread to another person.

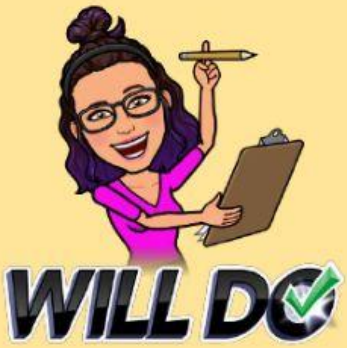
**People who have disabilities want to be treated with respect, care and understanding.**

They also want to be independent and do as much for themselves as they can. Good citizens see disabilities as opportunities to learn more about people and their challenges.

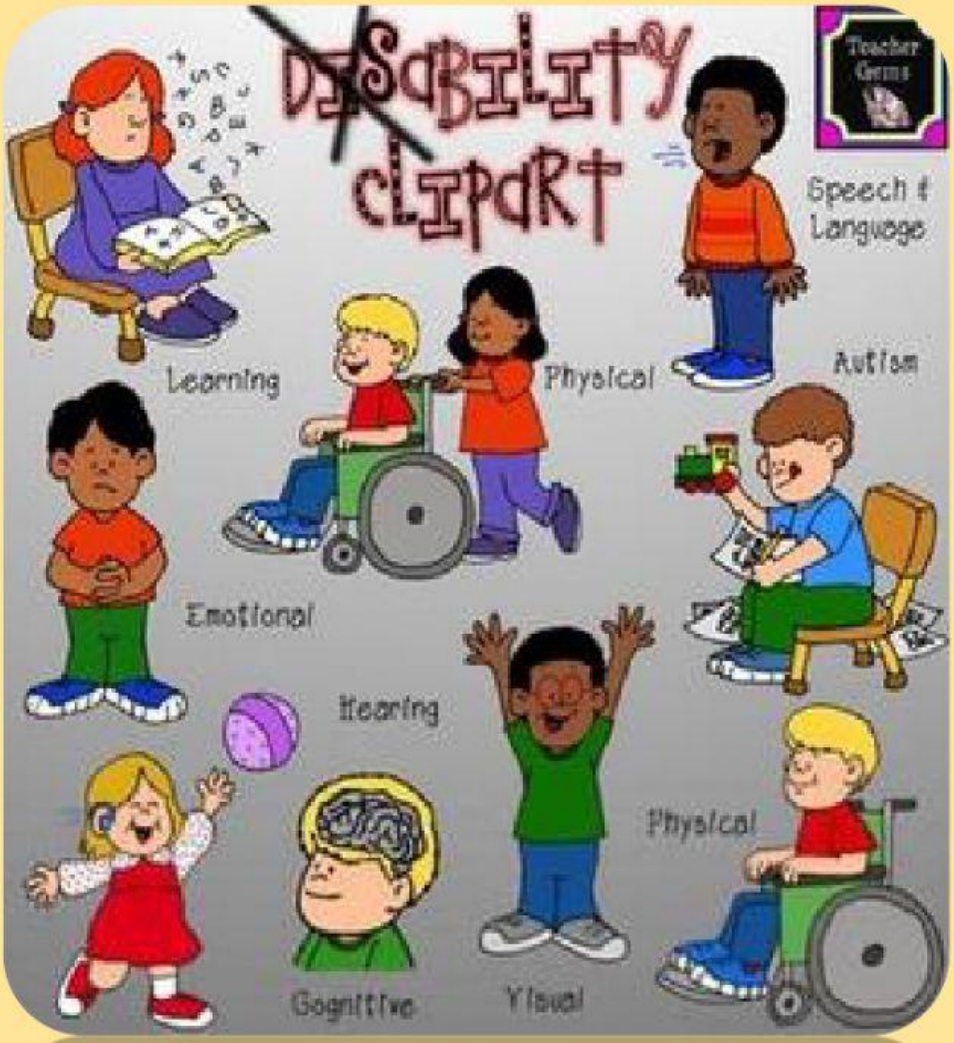
**Ways to show respect for individual differences**

- Avoid using put-downs. Don't call people ill names
- Put yourself in another person's place and think about how they feel
- Apologize if you hurt someone's feelings
- Avoid talking unkindly about someone just because the look or act different from you
- Encourage others to try their best, regardless of their abilities
- Be fair in dealing with others
- Report acts of bullying or harassment to your teacher or another trusted adult
- Appreciate what is special about yourself and others.
- Don't miss out on having good friends just because other people are different from you.




LIVEWORKSHEETS




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