1 **GRAMMAR** position of adverbs and expressions of frequency

a Complete the *You* column in the chart. Then complete the sentences with a verb and an adverb of frequency.

always ✓✓✓✓✓ usually ✓✓✓✓ often ✓✓✓ sometimes ✓✓ hardly ever ✓ never –	 Matt	 Becky	 You
sleep for eight hours	✓✓✓✓	✓✓	
be relaxed	✓✓✓✓✓	✓✓✓	
do sport or exercise	✓✓	–	
eat healthy food	✓✓✓	✓	
be ill	–	✓✓✓✓✓	

1 Matt *usually sleeps* for eight hours.
2 He _____ relaxed.
3 He _____ sport or exercise.
4 He _____ healthy food.
5 He _____ ill.

6 Becky _____ for eight hours.
7 She _____ relaxed.
8 She _____ sport or exercise.
9 She _____ healthy food.
10 She _____ ill.

11 I _____ for eight hours.
12 I _____ relaxed.
13 I _____ sport or exercise.
14 I _____ healthy food.
15 I _____ ill.

LIVEWORKSHEETS