

- 1 I am often late for things.
- 2 I often need to  to get to places or to finish things.
- 3 I usually make a  of things I need to do during the day.
- 4 I hardly ever do everything I plan to do in a day.
- 5 I always do things which are a  first.
- 6 I often  doing things I don't like doing.
- 7 I never write down any  or things I  in a diary.
- 8 I occasionally miss appointments because I forget I have them.
- 9 I sometimes  to finish things.
- 10 If I'm finding something very difficult to do, I usually