

1 // Match "A" with "B":

'A'	'B'
① drink	a) go by car.
② eat	b) 8 hours every night.
③ play	c) water.
④ sleep	d) outside.
⑤ go	e) fruit and vegetables.
⑥ don't	f) sports.

2 // Tick the things for good health:

Watch television	☐	Play tennis	☐
Eat chocolate cake	☐	Play cards	☐
Sleep for 8 hours	☐	Play football	☐
Eat bananas	☐	Sleep for 4 hours every day	☐
Drink water	☐	Play video games	☐
Drink cola	☐	Exercise	☐
Walk to school	☐		