

## UNIT 2. HEALTHY LIVING

### (b2. Grammar 1)

#### Exercise 1. Choose the simple sentences.

- \_\_\_ 1. The dog barks.
- \_\_\_ 2. You may watch TV, or you can go out to play.
- \_\_\_ 3. The kettle boils.
- \_\_\_ 4. The little girl was carrying a basket on her head.
- \_\_\_ 5. He took the test several times, but he couldn't pass.
- \_\_\_ 6. Scott plays tennis in the morning.
- \_\_\_ 7. The girl dances on the floor.
- \_\_\_ 8. Mary went to work, but John went to the party, and I went home.
- \_\_\_ 9. Our car broke down; we came last.
- \_\_\_ 10. Sitting on a branch, the monkey gibbered.

#### Exercise 2. Match the first part in column A with the second part in column B.

| A                                | B                                          |
|----------------------------------|--------------------------------------------|
| 1. Eating                        | A. very good for your heart.               |
| 2. Regular exercise is           | B. the summer.                             |
| 3. I often get ear infections in | C. cough medicine?                         |
| 4. I will go                     | D. from toothaches.                        |
| 5. I had a sore                  | E. healthier food.                         |
| 6. You should eat                | F. seems to catch the flu every year.      |
| 7. She's afraid                  | G. to the doctor to get some medicine.     |
| 8. Tom                           | H. of getting sick again.                  |
| 9. Do you have any               | I. carrots regularly helps you see better. |
| 10. He often suffered            | J. throat and a headache.                  |

#### Exercise 3. Complete the sentences with the correct form of the verbs in brackets.

- 1. You are catching the flu, but you (not, wash) \_\_\_\_\_ your hands very often.
- 2. Tommy has a temperature, and he (have) \_\_\_\_\_ a sore throat.
- 3. Mark feels tired, but he (not, go) \_\_\_\_\_ to bed early.
- 4. They (have) \_\_\_\_\_ an allergy, so they choose food and drink very carefully.
- 5. Anna doesn't feel well. She often (feel) \_\_\_\_\_ sick and weak.

6. Eat less high-fat food to keep you from (get) \_\_\_\_\_ fat.
7. To prevent the flu, you should (eat) \_\_\_\_\_ a lot of garlic and keep your body warm.
8. My younger brother (do) \_\_\_\_\_ morning exercise every day.
9. Eating too much (be) \_\_\_\_\_ bad for your health.
10. Health (mean) \_\_\_\_\_ everything.

**Exercise 5. Circle the sentences that have the same meaning.**

|                                                                 |                                                               |
|-----------------------------------------------------------------|---------------------------------------------------------------|
| 1. He got up and walked away.                                   | A. Getting up, he walked away.                                |
|                                                                 | B. Got up, he walked away.                                    |
| 2. She gave them not only a house but some land also.           | A. On a house, she gave them some land also.                  |
|                                                                 | B. Besides a house, she gave them some land also.             |
| 3. You must take your medicine; otherwise, you cannot get well. | A. You must take your medicine in order to get well.          |
|                                                                 | B. You don't have to take your medicine in order to get well. |
| 4. He is rich, yet he is not happy.                             | A. In spite of being rich, he is not happy.                   |
|                                                                 | B. Because being rich, he is not happy.                       |
| 5. He is so weak that he cannot carry the box.                  | A. He is too weak not to carry the box.                       |
|                                                                 | B. He is too weak to carry the box.                           |
| 6. We eat so that we can live.                                  | A. We eat to live.                                            |
|                                                                 | B. We eat to can live.                                        |
| 7. Though she is rich, she is hard working.                     | A. In spite of is rich, she is hard working.                  |
|                                                                 | B. In spite of being rich, she is hard working.               |
| 8. I saw a bird which was flying.                               | A. I saw a bird flying.                                       |
|                                                                 | B. I saw a bird was flying.                                   |
| 9. It was a shirt which was blue.                               | A. It was a blue shirt.                                       |
|                                                                 | B. It was a shirt blue.                                       |
| 10. You must take a rich diet, or you will not gain weight.     | A. You must take a rich diet not to gain weight.              |
|                                                                 | B. You must take a rich diet to gain weight.                  |

**Exercise 6. Circle the correct answers.**

1. Is she **good/ well** enough to run one kilometer?
2. "Ow! Be careful with that coffee." - "Look, now I have a **burning/ burn** on my arm."
3. Rob has a **temperate/ temperature** of 39.5°C.

4. Don't eat so quickly. You'll get a **stomachache/ stomach**.
5. I have a **pain/ painful** in my back. I'm going to lie down.
6. That's a bad **cough/ coughing**. Why don't you have a glass of water?
7. "I have a **tooth/ toothache**." - "Why don't you telephone the dentist?"
8. "I feel **sick/ sickness**." - "Quick, I must get to the bathroom!"
9. My arm **hurts/ hurt** after that game of table tennis.
10. "I have a **head/ headache**." - "That's because you watch too much TV."

**Exercise 7. Fill in the blanks with suitable words in the box.**

|                |                  |               |              |                   |
|----------------|------------------|---------------|--------------|-------------------|
| <b>allergy</b> | <b>toothache</b> | <b>suffer</b> | <b>worse</b> | <b>vegetables</b> |
| <b>tired</b>   | <b>bad</b>       | <b>flu</b>    | <b>sick</b>  | <b>and</b>        |

1. Some people have a very \_\_\_\_\_ habit in littering in public.
2. People who live in dusty areas often \_\_\_\_\_ from diseases.
3. Julia has a headache, and she feels \_\_\_\_\_.
4. I have an \_\_\_\_\_, so I choose food and drink very carefully.
5. You should spend less time playing computer games, or your eyes will be \_\_\_\_\_.
6. Tom feels \_\_\_\_\_, but he doesn't go to bed early.
7. Trung eats too many sweets so he has a terrible \_\_\_\_\_.
8. To prevent the \_\_\_\_\_, we should keep our hands clean and our feet warm.
9. Fresh \_\_\_\_\_ promote health.
10. Tom is fat because he eats too much \_\_\_\_\_ doesn't get enough exercise.

**Exercise 8. Fill in each blank with the correct conjunction.**

|           |            |             |           |            |           |
|-----------|------------|-------------|-----------|------------|-----------|
| <b>if</b> | <b>and</b> | <b>when</b> | <b>so</b> | <b>but</b> | <b>or</b> |
|-----------|------------|-------------|-----------|------------|-----------|

1. Do more exercise \_\_\_\_\_ you want to lose weight.
2. I have a lot of homework to do this evening, \_\_\_\_\_ I don't have time to watch the football match.
3. Eat more vegetables, \_\_\_\_\_ you will feel healthier.
4. Take up a new hobby \_\_\_\_\_ you'll have some new friends.
5. Eat more fish, \_\_\_\_\_ you will be smarter.
6. He has toothache \_\_\_\_\_ he still eats a lot of sweets and cakes.
7. Try to talk less \_\_\_\_\_ you have a sore throat.
8. Smoke less \_\_\_\_\_ give it up.

9. Sunbathe less, \_\_\_\_\_ you'll get sunburnt.

10. If you spend less time on computer games \_\_\_\_\_ television programmes, you will have more time for outdoor activities.