Name _____ Class _____ No ____

DAILY ACTIVITIES : My Daily Routine

Question: What is your favorite time of the day? Why?

Listen and read the article below and then answer the questions

Some of my friends think I have a boring daily routine, but I like it. I usually get up at about 6:00 or 6:30 in the morning, after my alarm clock wakes me up. First, I brush my teeth, and shave, and wash my face. Then, I get dressed and go downstairs to have breakfast with my family.

I always have coffee, cereal, and lots of fruit. That's me in the picture with my wife, Renata. I take a bus to work because I don't like to drive, and I always arrive at my office before 8:00. I'm never late for work. Five o'clock is my favorite time of the day because I finish work and go back home and see my wife and children again. I have two boys, Thomas, who is six years old and Patrick, who is eight. We eat dinner together in our dining room at around 6:00, and after that I hang out with my wife and kids at home.

We like to watch TV travel shows together. In addition, two or three times a week I do exercise in the evening, so I can stay strong and healthy. I think that this is very important! Finally, at about 9:30, I go to bed, read for a while, and then fall asleep. Sure, some people think my daily routine is a little boring – but on weekends and holidays I love to fly airplanes … for fun! It's my favorite hobby.

Reading Comprehension : Choose the correct answer.

1. What does he do after he gets washed and dressed in the mornings?

   (a) eats (b) does exercise (c) buys fruit

2. Why does he take a bus to work?

   (a) He gets to work before eight o'clock. (b) He is never late. (c) He doesn't like to drive

3. What time of day does he like best?

   (a) eight o'clock (b) five o'clock (c) six o'clock

4. How often does he do exercise?

   (a) always (b) never (c) sometimes

5. What does he think is very important?

   (a) exercise (b) travel (c) TV

"กำแพงเมืองจีนไม่ได้สร้างเสร็จในวันเดียว" ฉันใด "ความสำเร็จที่ยิ่งใหญ่" ก็ไม่ได้สร้างเสร็จในวันเดียวฉันนั้น"

LIVEWORKSHEETS