

What do you think about fitness and sports? Answer these questions.

1. Do you like to exercise for a short time or a long time?

2. Do you prefer exercising in the morning or in the evening?

3. Which do you like better, walking or jogging?

4. Which do you like better, team sports or individual sports?

5. How good are you at sports like basketball and tennis?

6. What is a sport or game you don't like?

