

1. Listen to six different opinions on competitive sports and tick the box you think is closest to each opinion.

Speaker	1	2	3	4	5	6
Against						
In favour of						
Has a different idea						

2. Complete the extracts from the listening with

a an the
or X (no article).

- 1) It's just unrealistic for children to be told that everyone can win; ___ life is competitive.
- 2) If you lose ___ race, then you should just try harder.
- 3) That's what I learnt when I was at ___ school.
- 4) I don't think more competition is ___ answer.
- 5-6) The school used to hold sports days in ___ public park, so everyone in ___ park could watch.

3. Please, match answers 1-6 from task 2 to these rules A-F:

GRAMMAR FOCUS

We use **a/an** (indefinite article):

a) when something is one of many

Example _____

b) when we mention something for the first time *Example* _____

We use **the** (definite article):

c) when it is the only one of something, or the only one in a place *Example* _____

d) when we have talked about the things before b *Example* _____

We use **no article**:

e) when we talk about plural and uncountable nouns in general.

Example _____

f) in some common phrases after a preposition *Example* _____

Complete the extract with **a/an/the** or **X** (*no article*).

Almost unheard of in Europe, sepak takraw is
1 _____ extremely popular sport throughout
East Asia, and is growing in popularity in countries like
the United States, Switzerland and Canada. Roughly
translated as 'kickball' it is 2 _____ thrilling mixture
of soccer, volleyball and gymnastics. 3 _____
game is played with 4 _____ net and ball, but
5 _____ players are only allowed to use their feet
to get 6 _____ ball over 7 _____ net. Each team
has three players and 8 _____ first team to score
21 wins. Usually introduced to sepak takraw at
9 _____ school, players have to be very fit and
practise daily to achieve 10 _____ almost
super-hero skills needed to win 11 _____
international matches.

