

1.- **HEALTHY HABITS:** Choose a definition for each of the following sentences:

VIRUS

FIRST AID

PHYSICAL ACTIVITY

SLEEP ENOUGH

EAT HEALTHY

KEEP CLEAN

PREVENTION

PYRAMID FOOD

- Wearing your face mask:
- A diagram that shows what a balanced diet is:
- Emergency treatment of an injured person:
- Washing your body to remove dirt, bacteria and sweat:
- An organism that causes disease:
- Keeping a balanced diet:
- It keeps our muscles in good condition:
- It helps your body rest:

2.- **FIRST AID KIT MATCHING:** Match each word with its function. Click on the name to check pronunciation.SCISSORS  To measure body temperatureTHERMOMETER  To cover wounds after disinfectionBANDAGES  To cut bandages, gauze pads, etcGAUZE PADS  To take out thorns from the skinALCOHOL  To sterilize instrumentsTWEEZERS  To immobilize a twisted joint3.- **FIRST AID KIT PICTURES:** Write the names of these items:**(Prepared by Teacher Muhammed Kazim Raza)**