Use the prompts to ask and answer the questions. The first question should be in **Present Simple** and the second question should be in **Present Perfect** or **Present Perfect Continuous**.

1. /often *get* colds? How many colds/ *have* in the last three months?

2. /*take* any vitamins or supplements? How long/ *take* them?

3. /*drink* much water? How many glasses/ *drink* today?

4. /*do* any exercise? What? How long/ *do* it?

5. /eat a lot of fruit (vegetables)? How many portions/ *have* today?

6. /*be* allergic to anything? /ever *have* a serious allergic reaction?

LIVEWORKSHEETS