

Write the names of the foods.

Fruit

1. blueberries
2. _____
3. _____
4. _____

Vegetables

5. _____
6. _____
7. _____
8. _____

Grains

9. _____
10. _____
11. _____
12. _____

Dairy

13. _____
14. _____

Fats and oils

15. _____
16. _____

Meat and other proteins

17. _____
18. _____
19. _____
20. _____

