MATCH THE ENGLISH SENTENCE WITH THE SPANISH TRANSLATION

Top 10 tips for mobile phone safety

1) Remember if you are being bullied it isn't your fault and there is nothing so awful that you can't speak to someone about it. Talk to a trusted adult at home or at school.

2) Don't reply to any nasty messages you receive.

3) Don't reply to a text from someone you don't know.

4) Keep the messages you have been sent so you can show them to a trusted adult and make a note of the time and date of the messages or calls you receive.

5) Don't answer calls from withheld numbers or numbers you don't recognise, let it go to voicemail.

6) Block numbers from people who are sending you nasty messages.

7) If you are bullied repeatedly can change your number.

8) Don't give your mobile number to someone you don't know.

9) Don't send pictures to someone you don't know.

10) If the problem is serious you can report it to the police, cyber mentors, or childline.

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Remember if you are being bullied it isn't your fault and there is nothing so awful that you can't speak to someone about it. Talk to a trusted adult at home or at school.	
	No responguis trucades de números que no coneixes, espera a que deixin un missatge a la bústia.
Don't reply to any nasty messages you receive.	
	No esborris els missatges que t'han enviat, així pots ensenyar-los a un adult de confiança i saber el dia i hora en què els vas rebre.
Don't reply to a text from someone you don't know.	
	Recorda que si pateixes bulling no és culpa teva, no hi ha res pitjor que no poder-ho parlar. Parla amb un adult de confiança a casa o a l'escola.
Keep the messages you have been sent so you can show them to a trusted adult and make a note of the time and date of the messages or calls you receive.	
	No responguis a missatges de "mal gust".
Don't answer calls from withheld numbers or numbers you don't recognise, let it go to voicemail.	
	No responguis a persones que NO coneixes.

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Block numbers from people who are sending you nasty messages.	NO donis el teu telèfon a persones que no coneixes.
If you are bullied repeatedly can change your number.	No enviïs fotos a persones que no coneixes.
Don't give your mobile number to someone you don't know.	Bloqueja als números que t'envien missatges de mal gust.
Don't send pictures to someone you don't know.	Si el problema és greu, ho pots denunciar a la policia o altres.
If the problem is serious you can report it to the police, cyber mentors, or childline.	Si et fan bulling repetidament, pots canviar el teu número de telèfon.