

NAME:

CLASS:

DATE:

Skill : Reading

Learning Standard : 3.2.2 Understand specific information and details of
simple texts of one or two paragraphs

FOR PERFORMANCE LEVEL 6

Read the passage and answer the questions that follow.

Ally is active and healthy. To stay healthy, she eats healthy food. She likes eating fruits the most. She usually eats them in three main meals: breakfast, lunch and dinner. The table shown what Ally ate yesterday.

What Ally Had	Type of Food
Breakfast	green bean porridge, pear, milk
Lunch	brown rice, fish, vegetables, guava
Snack	fruit smoothie
Dinner	brown rice, chicken soup, vegetables, pineapple

1. Describe Ally.

2. Why does she eat healthy food?

3. Name one of vegetables.

4. Besides eating healthy food, what is another way to stay healthy?
