

Bahan Ajar dan Lembar Kerja Peserta Didik
Kelas IX: Label of Food/drink/medicine
SMPN 2 Banjarwangi - Kab. Garut

Name :

Class :

Let's watch the video.

LEMBAR KERJA PESERTA DIDIK

A. Choose the best answers for the following questions.

The following picture is for questions 1-4.



Ingredients: Dehydrated Potatoes, Modified Food Starch, Corn Oil, Sugar, Salt, Soy Lecithin, Leavening (Monocalcium Phosphate and Sodium Bicarbonate), and Dextrose. No Preservatives.

Nutrition Facts
Serving Size 1 oz. (28g) (About 10 crisps)
Servings Per Container 10

Amount Per Serving	
Calories 120	Calories from Fat 30
% Daily Values*	
Total Fat 3g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	8%
Total Carbohydrate 21g	7%
Dietary Fiber 2g	6%
Sugars 2g	
Protein 2g	
Vitamin A 0%	Vitamin C 6%
Calcium 4%	Iron 0%
Thiamin 4%	Niacin 6%
Vitamin B6 4%	Phosphorus 8%
Zinc 2%	

* Percent Daily Values are based on a  Your daily values may be higher or lower depending on your calorie needs.

Calories: 1,200 2,500	
Total Fat	Less than 65g 65g
Sat Fat	Less than 20g 20g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

- What is the name of the product?
 - Nutrition facts
 - Potato Crisps
 - Baked Ruffles Original
 - Potatoes
- What is the brand of the product?
 - Nutrition facts
 - Potato Crisps
 - Baked Ruffles Original
 - Potatoes
- Which one is not the ingredients of the product?
 - Sugar
 - Soy lecithin
 - Corn oil
 - Flour
- The product does not contain.....
 - Iron
 - Sodium
 - Sugar
 - Zinc

The following picture is for questions 5-7.



5. How much is the content of the product?

- A. 170 g C. 150 g
B. 2 g D. 25 g

6. How is the storage of the product?

- A. Keep in the container
B. Keep in a glass
C. Keep in the hot place
D. Store in the refrigerator

7. What is yoplait?

- A. Mineral water B. Low fat yogurt C. Milk D. Strawberry

The following picture is for questions 8-10.



8. The product is to relieve.....

- A. cough C. fever
B. headache D. stomachache

9. How many times can adults consume this products every day?

- A. 10 times C. 12 times
B. 14 times D. 2 times

10. "Store below 25° C" means..... 25° C

- A. We must keep this product above 25° C. C. We must keep it under sun light.
B. We must keep this product under 25° C. D. We must keep it in the freezer

B. Match with parts of product

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100

Direction to use

Brand of product

Expired date

Direction to store

Net weight/content