FACE OF FEARS

1) Do you have any recurrent dreams?
2) Can you tell me about a strange sleeping situation you have lived?
3) Watch the following video



4) True or False

   a) The sleep paralysis causes hallucinations. ___
   b) When she paints something, she sees it later in her dreams. ___
   c) She wants to continue feeling scared. ___
   d) Her previous job was as a teacher. ___

5) According to this artist, what happens when you get blocked by fear?
6) What do YOU do when you get blocked by fear?

LIVEWORKSHEETS