

Sports and Exercise



CD 1-41

Listening 1

People are talking about sports and exercise. Listen and number the pictures.



Listening 2

CD 1-42 ► Task 1

What sport or activity is the person talking about? Listen and circle the correct answer.

- | | |
|--|--|
| 1. a. swimming
b. ☒ going to the gym
c. jogging | 4. a. playing tennis
b. watching TV
c. reading |
| 2. a. playing volleyball
b. playing golf
c. playing soccer | 5. a. swimming
b. jogging
c. windsurfing |
| 3. a. playing baseball
b. playing soccer
c. playing tennis | 6. a. diving
b. riding a bicycle
c. walking |



CD 1-42 ► Task 2

Listen again. What do you think each person says next? Circle the correct answer.

- | | |
|--|--|
| 1. a. ☒ Yes, about three times a week.
b. Yeah, I'm getting lazy.
c. Yeah, I'm tired. | 4. a. I know, but I'm lazy.
b. No, thanks. I'm tired.
c. Yeah, reading is fun. |
| 2. a. Yeah, I'd love to.
b. I enjoy skiing.
c. Yeah, you're right. | 5. a. It's too hot.
b. Yeah, I'd love to.
c. I don't like the cold. |
| 3. a. Volleyball is tiring.
b. Volleyball. It's my favorite.
c. Tennis is expensive. | 6. a. In the car.
b. In the morning.
c. In the park. |

Listening 3

CD 1-43 ► Task 1

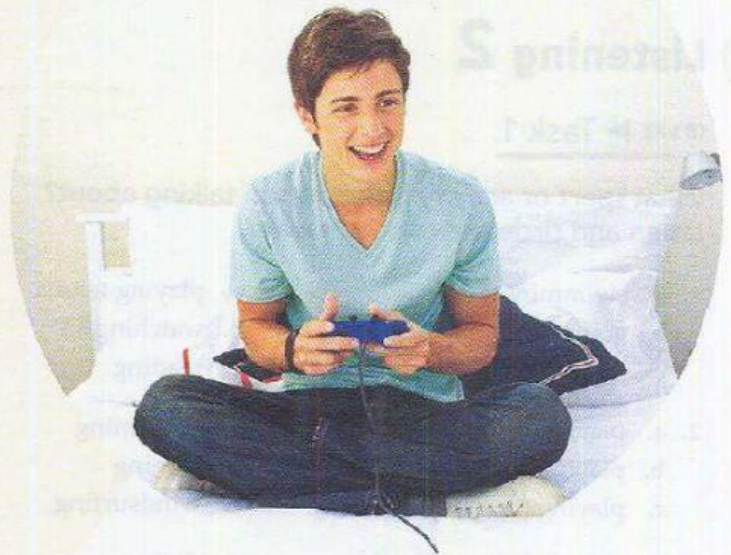
People are talking about how they spend their free time. Listen and check (✓) the correct information.

	Exercises a lot	Exercises a little	Never exercises
1. Bill	☒	☐	☐
2. Liz	☐	☐	☐
3. Victor	☐	☐	☐
4. Maria	☐	☐	☐
5. David	☐	☐	☐

CD 1-43 ► Task 2

Listen again. Match the names on the left with the activities on the right.

- | | |
|------------------|----------------------|
| 1. Bill <u>c</u> | a. golfs |
| 2. Liz ____ | b. bicycles |
| 3. Victor ____ | c. plays baseball |
| 4. Maria ____ | d. takes walks |
| 5. David ____ | e. plays video games |



Dictation

CD 1-46 ► Task 1

Listen to the conversation. Write the missing words.

A: Do you _____ any _____, Nick?

B: Yes, I love playing sports. But my _____ sport is _____.

A: Really? Are you on a team?

B: Yeah, I am. It's a lot of _____.

A: How _____ do you _____?

B: Oh, about _____ a _____. So, how about you? Do you play sports?

A: Well, it depends. Do you think playing video games is a sport?

B: Umm. . . . I'm not sure about _____.