

ENGLISH 7 – UNIT 2 – EXTRA LISTENING SKILL

Task 1. Listen and fill in each gap with no more than three words.

- A: So, can we to live longer?
- B: Yes, that's absolutely true.
- A: Does help you recover?
- B: No, false. at the same time is better.
- A: Should we eat, like sushi?
- B: No. Sushi is great. But we shouldn't eat too much.
- A: And sitting too close to the TV?
- B: No, it's not how It's how long you watch TV for.
- A: How about we drop. Is it OK?
- B: No, that's a myth! You shouldn't eat it, ever!
- A: OK, last one. Do vegetarians?
- B: No, that's false. You to get your vitamins.

Task 2. Listen and fill in each gap with no more than three words.

- A: Were you as a child?
- B: No, I always felt I had allergies too, so I always had a
....., and
- A: When did that?
- B: My friends doing sports. I wanted to, too. My sports instructor said
'Do more exercise, or continue to feel sick. It's up to you!'
- A: Was it?
- B: No! It was I did more exercise, so my But slowly I felt
better.
- A: What do you do now?
- B: I do triathlons around the It's a tough You have
to swim, run, and ride a bike. I use around 6,500 calories in one event!
- A: How do you?

B: to do before the race are: more healthy food,
..... more, and more exercise.
Then you'll be