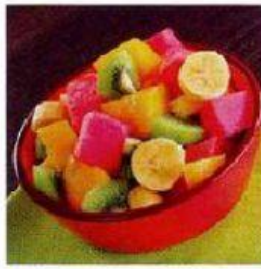


LABEL THE FOOD



COMPLETE THE SENTENCES WITH A WORD FROM THE BOX

healthy — breakfast — twice — every — snack on — while — quickly — slowly — skip
just before — largest — vegetables

1. I eat fruit _____ a week.
2. Carrots and beetroots are examples of _____.
3. It is not a good habit to eat _____ you go to bed.
4. Sometimes I _____ a yoghurt.
5. I have _____ early in the morning.
6. A hamburger is not an example of _____ food.
7. You shouldn't _____ meals.
8. I eat my _____ meal at lunchtime.
9. Don't eat so _____! It is bad for your stomach.
10. Healthy eaters eat fruit _____ day.
11. You can eat junk food once in a _____. That is not a problem.
12. Eating _____ is good for a proper digestion.