



Mary Sutton Capacitación en Idiomas
Teens 3
2022 Mid - term exam

Name: _____

A-Reading comprehension:

1-Match the questions with the paragraphs. There is one extra question (10 PTS.)

How to achieve success at the Marathon des Sables

The best – and probably only – way of completing this six-day ultramarathon in southern Morocco is to make efficient preparations. Here are some tips to help you survive the 251 km course.

1 ____

As a competitor in the Marathon des Sables, you'll be responsible for your own food. To maintain physical strength, you'll need between 3,000 and 4,000 calories per day. Dried food is best because of its low weight and volume. Plan for a solid breakfast before the race, and a large evening meal afterwards. Take dried fruit and nuts, and high energy bars as snacks.

2 ____

During the race, you'll need to drink between six and seven litres of water per day. Water is distributed in the morning, at control posts during the race and on completion of each stage – remember to save some each evening to prepare breakfast the next day. You mustn't discard water bottles in the desert; they should be exchanged for new ones or thrown away at the control posts.

3 ____

You'll need a comfortable rucksack that doesn't cover the competitor number on your chest; if it does, you may not be allowed to compete. The bag should contain everything you need, including food, a stove for heating water, a sleeping bag and your clothes. Everything you carry must be weighed so that your rucksack isn't too heavy for you.

4 ____

You should start preparing at least six months before the event starts. Aim to run 150 to 190 miles a week, increasing the distance as time goes on. Train with a rucksack occasionally and get used to drinking water on long runs. You can also use the practice runs to test different energy foods. If you aren't used to running, you should not enter the competition.

5 ____

Special satellite facilities are arranged during the race so that you can call friends and family. Phone calls cost around €3 per minute, so bring cash or a credit card with you. You can send one free email per day and the rest you will be charged for. If you want to receive internet messages, the sender will need your full name and competitor number.

- _____
- A What are the sleeping arrangements?
 - B What are the rules about equipment?
 - C How much should I drink every day?
 - D Will I be able to contact home during the event?
 - E How should I go about training for the race?
 - F Do I need to take anything to eat?

2- Answer these questions about you (14 PTS.):

1-What did you use to do when you were younger?

2-What will you do next weekend?

3-If your friend lost their phone, which advice would you give them?

4-Where would you live if you moved house?

5- What will you be doing next week at this time?

6- Who do you look up to?

7- Do you go in for video games?

3- Mixed tenses. Complete with the correct form of the verb (11 PTS.).

1 By this time next week, I _____ (finish) taking these antibiotics.

2 The lasagne didn't cook because I _____ (not turn on) the oven.

3 It's my mum's birthday, so I _____ (bake) a cake. Would you like some?

4 The children are cold because they _____ (swim). Tell them to get dressed quickly!

5 Kevin and Tracy _____ (have) a big party when they got engaged.

6 The rooms _____ (be) darker if there were shutters on the windows.

7 I wish you _____ (not wear) that jacket – it looks terrible!

8 This time tomorrow, you _____ (sit) on the plane. Are you looking forward to your holiday?

9 The doctor _____ (send) you for an X-ray if she thinks your arm is broken.

10 We dropped our television when we _____ (move) house.

4- Comparative structures. Use the words and complete the sentences.(12 PTS.)

carefully comfortable expensive old popular

1 I'm _____ Harry - we were both born on the same day.

2 It's difficult for my parents to buy a house because houses in this town are getting _____ and _____ all the time.

3 You nearly hit that tree because you were going too fast. You should drive _____.

4 Right now, this is _____ street in Bristol - everyone wants to buy a house here.

5 This sofa is _____ than the one in front of the TV, so it's better for Dad's back.

B- Vocabulary.

1-Choose the correct word (10 PTS.).

1 We got up / got up to all sorts of trouble when we were children.

2 My sister spends all her time hanging off / out with her friends.

3 The referee blew his whistle because there were too many players on the basketball course / court.

4 I've got a bruise at the top of my leg. It's on my calf / thigh.

5 Wayne was brought up / grown up by his grandparents because his parents couldn't look after him.

6 I wasn't satisfied about / with my new tablet so I took it back to the shop.

7 They've got a landing / patio in the back garden with some chairs and a table on it.

8 I made / took a photo of the villa I stayed in to show my friends.

9 Check / Follow the box if you don't want to receive any publicity.

10 The owner showed us pride / proudly around her houseboat.

2- Word families. Complete the chart (8 PTS.)

NOUN	ADJECTIVE	ADVERB
		angrily
	sad	
shame		
		proudly

C- Writing. Choose one of the following items and write about it. (35 PTS.)

An opinion essay:

Many people believe that teenagers don't study enough. Write an essay in which you give your opinion about this issue and propose solutions to it.

Include:

- a modal sentence
- a superlative structure
- future continuous sentence

An email:

You have just moved and you are telling your friend about all the latest news.

Include:

- a modal sentence
- a double comparative structure
- a future perfect sentence

Marking Scheme:

	Pts.	
Layout	5	
Language	10	
Vocabulary	10	
Content	10	